



December 17, 2021

(COVID-19) Coronavirus Preparedness at Lac Ste. Anne Foundation - Update

As Alberta and the rest of Canada implement additional restrictions to slow the spread of COVID-19, we continue to follow the Chief Medical Officer of Health's Orders and [Alberta's Relaunch Strategy](#).

It is important to note that in these uncertain times, we cannot plan perfectly and at any time activities and services may be restricted again.

IMPORTANT INFORMATION – Supportive Living Lodge Sites

Resident Activities – continue as usual, we will ensure masking requirements and social distancing is adhered to for all staff and guests.

Volunteers –volunteers are still permitted, we will ensure screening, masking requirements and social distancing is adhered to as well as ongoing facility risk assessments to ensure everyone's safety.

Visiting Requirements – an update to the screening process for visitors to continuing care settings until more evidence regarding Omicron is available is now in place. On a temporary basis, even if fully vaccinated, visitors and volunteers will not be permitted to enter the site for 14 days following known close contact with any case of COVID-19.

Isolation/Quarantine Requirements – All designated supportive living residents must now be tested within 48 hours of hospital discharge (for new admissions and returns from hospital stays longer than 24 hours).

- Residents must remain in their room under contact/droplet precautions until their negative test is received.

The Lac Ste. Anne Foundation recognizes that family and friends are part of the care and support team for residents who reside in our facilities. As such, we support a safe approach to visitation within our facilities to ensure residents are able to maintain physical and mental health and well-being while still retaining necessary safety precautions to minimize risk of infection.

The Lac Ste. Anne Foundation is committed to providing respectful, secured, and supportive work environments to ensure the safety and well-being of all individuals. We do not tolerate nor condone any acts of abuse from visitors or clients directed toward any Lac Ste. Anne Foundation employee or representative.

IMPORTANT INFORMATION - Seniors Independent Living Sites

There are no new directives for Seniors Independent Living, however, we want to ensure our tenants remain diligent in managing and protecting their health and the health of those around them.

Indoor Social Gatherings - Indoor private social gatherings are limited to a maximum of 10 people 18 and older, no limits on those under 18.

Social Distancing - Please remember to practice social distancing in the event you **must** go to public places (grocery stores, medical appointments, pharmacy)

Good Hygiene - In addition to getting vaccinated, practicing good hygiene habits can protect you and those around you from spreading COVID-19 and other respiratory illnesses.

- **Stay home if you are feeling sick.**
- **Wash or sanitize your hands often.**
- **Cover your coughs and sneezes.**
- **Avoid touching your face.**

Wearing Masks -Wearing a homemade or non-medical mask in public is a tool to help prevent the spread of COVID-19 and other respiratory illnesses. It hasn't been proven that masks protect the person wearing it, but it can help protect people from being exposed to your germs.

Mental Health Supports - We understand this is a very difficult time for everyone, however, if you feel you are having an extremely hard time adjusting to the new normal, please ensure you reach out and talk with someone about how you are feeling.

For further information from Alberta Health Services on the novel coronavirus (Covid-19) please go to:

<https://www.albertahealthservices.ca/topics/Page16944.aspx>

For further information from the Government of Canada please go to:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

For further information from the World Health Organization please go to:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

If you have any questions or concerns please contact the Lac Ste. Anne Foundation CAO,
Dena Krysik 780-786-3100 office 780-269-0084 cell or email dkrysik@lsaf.ca

Thank you for your understanding and continued support & cooperation