

LAC STE ANNE FOUNDATION FEBRUARY NEWSLETTER

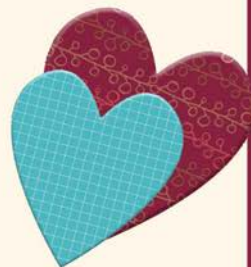
CHATEAU LAC STE ANNE ONOWAY

I cannot believe how fast this year is going already! January just flew by in the blink of an eye! We had a fabulous time making cards with Bonnie & Judy, with the theme being Valentine's Day! Our residents made cute little treat packets with their own designs on them! Great Jobs ladies! Next, we enjoyed the harmonic singing of the "Runnin Free" Country Fellowship band! We had over ¾ of our residents come down to enjoy the concert! Our best turnout yet! Our residents absolutely love them; we cannot wait to have them back again! Next, we got a little goofy, and sang some karaoke! We always enjoy dancing and singing along to our favorite tunes. Our monthly birthday was held on the 27th, and we danced the afternoon away with the band the "Old Amigos"! We celebrated our last January "baby" of the month on the 31st, Peter Hook, who turned 88!! Every second Tuesday, we come around door-to-door around the lodge and sell our tuck shop items. Items vary from snacks, gum, cough candies to personal items such as shampoo and conditioner, hand creams, toothpaste and mouth wash. It is a lot easier for the store to come to you versus going out to get such simple items! We started our February with some jackpot card bingo, which is quite the favorite around here! On Groundhog Day, we not only celebrated the announcement of an early spring, but the birthday of our beautiful Mary, who turned 88!! On the 3rd we had our pub and crib club in the afternoon. What's life without a bit of beer and some crib?! On the 6th we held our Resident Meeting, where we had the opportunity to have our first massage therapy/osteopathic presentation by Charlene Quick who will be offering her services to our residents (by appointment). On the 9th, we had the kids from MAD House Daycare come visit us play their favorite tech games. We also had a few matches of tic tac toe that each little one was able to do with residents! So cute! On January 10th, we celebrated our resident Ed's 100th birthday!! We decorated the dining room and celebrated a day early, so all of our residents could celebrate with him! Ed received certificates from various forms of government and many best wishes from all of his friends! Happy birthday Ed! On Monday, we did some shopping with Pieces by Sharon! Sharon had a large selection of beautiful shirts, pants and accessories for the ladies to choose from! Coming up we have our Valentine's Day party on the 14th, followed by Pet Therapy and Card Making with Bonnie and Judy! We also have our Cook's Appreciation Day on the 17th, Pink shirt Day on the 22nd, another visit from MAD House Daycare on the 23rd and our February birthday party on the 24th. Until next time!! ☺

CLSA ACTIVITIES



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CLSA Staff



Chelsea Oswald – Lodge Assistant

Hello everyone! My name is Chelsea. I am from a small town in Manitoba but I moved to Onoway when I was 5 years old and have grown up here ever since. I graduated high school in 2017 and completed my degree in Travel and Tourism in April of 2021; I have been saving up money ever since to travel around the world. I have one older sister, and three dogs plus one cat! Although the animals were my parent's decision I have grown a huge love for these pets (although I am more of a cat lover!!). I am thankful for this opportunity to continue making the Chateau into a home for the residents; I can't wait to get to know them more as well! Welcome Chelsea!!



EAST & WEST MANORS



Happy Valentine's Day from East and Central Manors!

Wow! We still continue with overall beautiful weather. I hope everyone is getting the opportunity to get out and enjoy the weather.

The government is offering a couple assistance payments.

- 1) The Alberta Affordability Payment, which is available to seniors 65+ with a household income of less than \$180,000.00. If you are receiving Alberta Senior's Benefit, you will automatically receive your 6 payments of \$100 each. If you don't receive Alberta Senior's Benefit, you will need to apply at <https://www.alberta.ca/affordability-payments.aspx#apply> or call 1-844-644-9955 for assistance. Please see the poster on the bulletin board.
- 2) The Canada Housing Benefit Top Up available to single income of \$20,000.00 or family income of \$35 000.00. Please apply from your CRA Account, or call 1-800-282-8079 for assistance. This is a one time \$500.00 payment which closes on March 31, 2023.

Please ensure you are writing maintenance requests in the book in the common room. When you catch us on the fly, we do our best to remember, but sometimes do forget. If it is written in the book, it gives us something to double check to make sure we aren't forgetting.



EAST & WEST MANORS



Tax season is once again upon us. Please ensure you are getting your taxes filed in a timely manner so that we have your information in time for rent calculations.



What flowers give the most kisses on Valentine's Day?

Tulips

Have a wonderful month!

Brenda Young

East and Central Manors

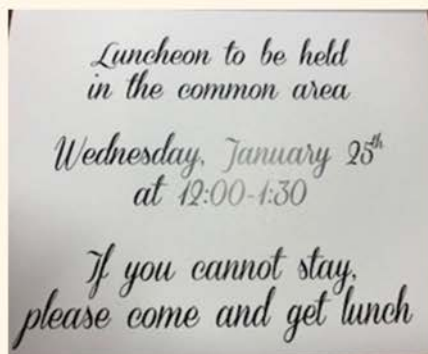


WOODLAND VILLA



Melody Nemlander – Supportive Housing Manager

We had a wonderful treat at the Villa on January 25, 2023. Mryna and Donna hosted a luncheon for everyone. It was a wonderful opportunity to get together and get to know one another better. Thank you very much ladies!



WOODLAND VILLA



THANK YOU!!



PLEASANT VIEW LODGE

MAYERTHORPE



Happy Valentine's Day!

January we seen a few residents changing rooms.

February 1st was Valerie Risser's last day. We wish you all the best!
We welcome Amy Friend to her new role as the Team Lead LPN!

In February we had a couple move in. Welcome to your new home Evelyn and James!

This month there has been some warmer temperatures. Remember to be careful when walking outside, it can get icy and very slippery.

Cooks Appreciation Day is February 17th. Thank you for all that you do!

Pink Shirt Day is on February 22nd. Please wear pink or red to raise awareness for Anti-Bullying Day.

We have our next resident council meeting on February 27th at 10:15am.

Pamela Lacaille - Manager



PVL ACTIVITIES



January was pretty quiet, which was nice after a busy Christmas and New Year's.

On January 5th we enjoyed an Elvis themed scavenger hunt/social hour.

On January 6th we were finally able to go on our trip to see Christmas lights. We had to cancel last month due to the extreme cold weather. Thank you to Kim Nawrot and the Huntleys for putting on that wonderful trip for us.

On January 12th we played a game of deer hunting in which we hunted balloon deer with nerf guns, it was a good time as we are looking forward to doing it again. Thank you to Emma Shave who donated all the guns and darts for this event and more like it in the future!

On January 12th we also had our first ever Men's Club meeting. We played pool and crib while having some coffee and doughnuts generously donated by our very own Cecil. Thank you Cecil!

On January 17th we had our monthly Birthday party. We kept the entertainment a surprise as we had hired an Elvis Impersonator to come and perform for us. The residents were very surprised and they all agreed it was an excellent show. We are already looking forward to having him come back to perform for us again.

Happy Birthday to Gin, Wanda, Bernie, Jack and Marilyn who all celebrated birthdays in January

Congratulations to Bret, Anna. J and Gin who all won and split the prize for the January Loonie Bingo.

Dallys Crossland - Activities Coordinator



PVL ACTIVITIES



HAPPY BIRTHDAY



PVL ACTIVITIES

BOYS CLUB



PVL ACTIVITIES



PVL ACTIVITIES



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PVL Resident



Sharon Peacock grew up in Blue Ridge Alberta where she says she had a great life and enjoyed her childhood. Sharon married her husband, Ken, at 20 years old. The two had a happy marriage and Sharon describes her late husband as funny, kind and outgoing. Sharon and Ken had three children together, two girls and a boy. While Sharon's kids were little she was a stay at home mom. Sharon took care of the house and the kids and enjoyed spending that time at home with her family. After her kids were grown Sharon worked at the Mayerthorpe arena doing many different rolls including janitorial, concession and whatever else needed to be done. In addition to that she also worked doing catering for events, which she describes as a fun job that she liked. Sharon and Gin. A. were good friends at this time and worked together as well as spent lots of time together outside of work. Sharon says she cherishes the memories from that point in her life and wouldn't change them for anything. Sharon's advice for the younger generation is "love your partner and whatever happens work it out". What good advice, thank you Sharon! And we are so happy to have you here at PVL ☺



PVL Staff



**Congratulations to our January
Make Others Great Award Winner
Elaine Yacey!**

PVL Staff



Michelle is one of our newer Lodge Attendants here at PVL. Michelle has two sons and a daughter as well as two grandchildren. Michelle worked as a cook/house keeper at Extendicare and before that she worked at Blue Ridge Lumber. Michelle lives on a non-working farm along with her oldest son and his wife and family. Michelle's favorite things to do is cut grass with a cold beer in hand and spending time with her beautiful family. Welcome to the PVL family Michelle!



SVL ACTIVITIES



WOW! New Month, New Year, New Decade! Here we are already...

Time to start over with a fresh beginning and here at SVL we kicked off our January with making Snowmen as our Arts & Crafts. We celebrated Elvis Presley's 88th Birthday by having a trivia and making his favorite Peanut Butter Banana sandwich while enjoying his music.

Whitecourt Pump Jack Players sent out an invitation to our residents to watch their dress rehearsal. The residents who went boasted about how well the performance was. We also started playing Rummoli board game and it is a really fun game, perfect for an afternoon spent.

Our Travel Tuesday we've learned and discovered the Republic of Sakha, the largest Republic in Russia. Yakutsk is the capital and is widely identified as being one of the coldest places in the world; temperatures as low as minus 62.7 degrees. The Whitecourt Library presented Easter Island which was the one of the most remote inhabited locations on earth and they are famous for thousands of enigmatic towering statues that dot its landscape, called "Moai". We also discussed India the "land of diversity", India is one of the most fascinating countries in South Asia. It is a home to ornately sculptured temples dating back thousands of years, and the world famous "Taj Mahal" modern skyscrapers and prevalent slums.

The cooking show highlighted an Indian staple food "Chicken Curry" served with Naan bread, the residents and staff really enjoyed it, another taste to remember.

Our Info Session with Ms. Courtney from AHS was around Arthritis which the residents found to be very informative. We also had an Afternoon Tea with our favorite maintenance lady, Brenda where the residents had a chance to ask questions and suggests things.



SVL ACTIVITIES



Finally, for our theme meal (Italian Meal) Freddy's Pizza was provided by one of the resident's family member, we are so Grateful! Followed by our monthly Birthday party we had "The Baxters" for the entertainment. Mayor Tom Pickard came in to personally greet our birthday celebrants; Angie, Arlene, June and Claude. We gave a big Congratulations to Stephanie for winning Make Others Great for the month of January and to Marilyn, Sheila and Louise for winning the Door Bingo.

Clarissa Titong - Activities Coordinator



SVL ACTIVITIES



HAPPY BIRTHDAY



SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



SVL Resident



CONGRATULATIONS!!!
Hank McArthur
MAKE OTHERS GREAT
RESIDENT Edition
For the Month of February
Good Job😊



SVL Staff



CONGRATULATIONS!!!

Revena Egar

**Lodge Assistant for winning the
Make Others Great for the
month of February**

Good Job😊



SVL Staff



Nothing feels like home

Welcome back Tammy Turner
Health Care



IN MEMORY OF



We continue to send our thoughts and prayers
to friends and family of loved ones lost.



Margaret Case



Gerrit Vermeer

Wherever a beautiful soul has been, there is a
trail of beautiful memories.

