

LAC STE ANNE FOUNDATION

MAY 2023 NEWSLETTER



Pamela Lacaille - Site Manager
Mayerthorpe

April showers will hopefully bring May flowers! I know the ladies have been waiting to start planting their flowers in the courtyard. I can't wait to see all of the lovely flowers.

Due to all of the wildfires in Alberta, there is an air quality advisory and an alert to avoid all non-essential travel. Although the town of Mayerthorpe is not threatened at this time, it is always good to be prepared in case of an evacuation. It would be good to have clothes, medication and any important documents ready. If you have any questions, please come and see me.

Last month Bucky moved out. We will miss you!
Don moved in last month. Welcome to your new home!

We have a few new residents moving in this month; welcome Eunice, Doris, Gertrude and Joyce.

There is a memorial ride for Norman Anger on May 14th at 1pm. They will be riding by the lodge.

Our next staff meeting is May 25th at 1:30pm in the dining room.
The friendship club will be having a BBQ on May 26th for supper.

The next resident council meeting is May 29th at 10:15am in the common sitting area.



PVL ACTIVITIES



We had a fun and exciting April here at PVL, with Easter as well as Volunteer Appreciation Week we were busy busy!

On April 3rd we did played Bunny Putt which is a very cute Easter Bunny mini golf game. Congratulations to Lloyd and Marie who were the winners of the game.

On April 5th we had pieces by Sharon stop by with her pop up shop. It's always nice to be able to do your shopping from home and her clothing and accessories are beautiful.

On April 6th we had our Easter Social. We enjoyed a nice pistachio desert along with a refreshing pink lemonade with a peep on the side.

On April 16th we had MLA Shane Getson come and visit us to talk with the residents and answer their questions.

On April 17th we enjoyed a Tim Hortons Drive thru. Everyone got to have a coffee and a doughnut while visiting in the living room. Tim Horton's days are always a hit!

On April 20th Sandy Morton came to give us a presentation called "Looking at Things Differently" in which she showed us how our minds can sometimes perceive things differently. It was very interesting and as usual Sandy is a pleasure to have at the Lodge.

On April 21st we had our Volunteer Appreciation Party. Elvis came back to perform for us again and each volunteer was gifted a beautiful hand-made lantern as well as awarded a Certificate of Appreciation for their volunteer work. As usual Elvis put on a good show and a good time was had by all who attended.

On April 26th we went on an outing to Whitecourt for shopping and lunch, the residents requested Chinese food so we went to Golden Delight for lunch. The food was delicious and the company was perfect. We always have so much fun on our outings.



PVL ACTIVITIES



And finally on April 27th we celebrated our monthly Birthday party. In April the only resident Birthday was Ingrid so for the first time we had a solo party. Thank you to Judy Ulrich who came to play piano for us! Judy always plays so beautifully and anytime she comes to the lodge it's always a treat! Some of Ingrid's family came to the party which was also lovely. Happy Birthday Ingrid!

I would like to take a moment to thank our amazing volunteers for all they do. I hope the volunteers know how much their commitment to their volunteer work at Pleasant View lodge means to us. We would not be able to do a lot of the fun activities we do here without them so Thanks you for all each and every one of you do!

Congratulations to Gin who was the April Loonie Bingo Winner!

Dallys Crossland - Activities Coordinator



PVL ACTIVITIES



PVL ACTIVITIES



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PVL ACTIVITIES



A PLEASANT DAY FOR VOLUNTEERS
Pleasant View Lodge held its volunteer appreciation celebration on Friday. The day featured a special performance by Robert Rushton as Elvis. "Elvis was a huge hit and had his picture with every resident and staff member," Acting Mayor Sandy Morton told the Mayorhorpe Presbytery. Morton said volunteers were awarded solar lanterns. She gave thanks to Dailys Crossland, Brandi Cooke, Darlene McCallum and Annette Mack.



PVL STAFF



Congratulations to our April
Make Others Great Award Winner
Erika Hogger!



PVL STAFF



Deanna Smith

Deanna is a new HCA at PVL, although, she prefers to be called Dee or Dee-Dee. Dee grew up in New Westminster B.C. she has 3 children, 3 step-children and 10 grandchildren whom are the light of her life. Dee has been working as an HCA for the past 8 years, mostly in long term care. Dee enjoys camping, spending with her family, hiking, dancing, and cooking. She dislikes negativity and the long winters! Welcome to PVL Dee-Dee!



SPRUCE VIEW LODGE

WHITECOURT



**“Mother” is such a simple word,
But to me there’s meaning seldom heard.
For everything I am today,
My mother’s love showed me the way.**



Our hearts and prayers go out to all of the families that have been affected by the wildfires in Alberta. With all of the uncertainty happening around us with the fires and evacuations, it is always good to be prepared and stay informed. We have been keeping a close eye on the Alberta Wildfires site to ensure that all of the staff and residents are up to date.

Sadly this month we said goodbye to two of our chef's; Joan Carlow has retired after 17 years with our Foundation and is now enjoying her time by the ocean. We also said goodbye to Penny Wilson and we wish her all of the best in her next venture.

We had our full evacuation fire drill on May 8th, and the staff did a fabulous job with great timing. Thank you again to all of the residents for being patient and understanding during these drills.

MEETINGS:

Lodge Meeting- May 17th

Resident Meetings- May 10th

Diane Robbins - Site Manager



SVL ACTIVITIES



Hello Spring! It is so refreshing to have the spring weather back now that winter is behind us. I always look for this season as we emerge from the cold and start to get our gardens, yards and patios ready for the warmer weather.

Here's a summary of some of the fun activities we had in April. Starting off with a Walmart and Dollarama shopping spree, we had a great time exploring the stores and picking out some items that we needed. It was a fun and exciting day out!

We had an Easter Scavenger Hunt and it was a great success! We searched for Easter eggs and answered Easter related riddles; we also had Ice cream afterwards. We also played some fun games like Bean Bag Toss and Crib Game. It was a great opportunity to catch up with residents and enjoy each other's company.

The residents enjoyed the Karaoke Night hosted by Marjorie, they all sang their hearts out and had a lot of fun. It was a great evening full of laughter! We also celebrated Volunteers Appreciation Day by hosting an Afternoon Tea for all of our volunteers. We decorated the Legacy Room, prepared delicious refreshments and gave speech to express our gratitude for all they do. The volunteers really appreciated it, and we were happy to show our appreciation for their efforts.

On our Travel Tuesday's we discovered Japan as the "Land of the Rising Sun". Japan is famous for natural sights like Cherry Blossoms and Mount Fuji, bullet trains and vending machines. We also traveled to Monaco; the playground of the rich and famous despite being the world's 2nd smallest nation. This historic principality features giant casinos, designer shopping centers, opulent bars & clubs and human made beach.

The cooking show highlighted Japan's staple food Shrimp & Mushroom Tempura accompanied with special sauce, another taste to remember.

Finally, for our Birthday Party we had Elmer Riehl as our entertainment. Mayor Tom Pickard came in to personally greet our Birthday celebrants; Tom, Gay, Ethel and Arline St. Martin. A huge Congratulations to Jim Heisler for winning Make Others Great for the month of April and to Kay for winning the April Raffle Basket. Congratulations to Marilyn, Phillip and Louise for winning the Door Bingo. We hope you had as much fun as we did in April, stay safe and healthy.

Clarissa Titong - Activities Coordinator



SVL ACTIVITIES



SVL ACTIVITIES



**Congratulations on your
Retirement Joan!!
All the best in your next
adventure!!**



SVL ACTIVITIES



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SVL ACTIVITIES

Residents Arts & Crafts



Gay's knitted baby blanket



Heidi's Tissue holder (top)
and Tropic Snow Dumb
Cane (*Dieffenbachia*
seguine) (left)



Jurgen's Personalised
Ancestry Book

Doreen's Crochet
Ponchos (right)



SVL RESIDENTS



Welcome Michael

Michael, also known as Mike was born in Nova Scotia on June 1, 1945. He eventually moved to Drumheller, AB. He completed his High school education and began his career as a parts man in the local Ford dealership and later Canadian Tire. Despite working in the automotive industry, Mike has a deep interest in coal, gas and mining industries and enjoys conducting research on these topics.

When he is not working or researching Mike enjoys listening to good music, particularly the works of Buddy Holly. He is such a big fan of Holly's music that he even owns a jukebox. Although it is currently under repair, Mike eagerly awaits its restoration.

Mike's greatest joy in life was his family, particularly his kids. They are the most significant events that have happened to him and he often credits them for giving him the motivation and purpose to keep pushing forward.

One piece of advice; is to be honest always! He believes that honesty is the foundation of any successful relationship whether it be personal or professional. He encourages others to own up to their mistakes and take responsibility for their actions. He also added that being truthful and transparent is key to building trust and respect with others.

SVL RESIDENTS



CONGRATULATIONS!!!

JUDY SKINNER

Make Others Great

May 2023

YOU ROCK 😊



SVL STAFF



CONGRATULATIONS!!
FELITO MALCO - CHEF
Make Others Great
MAY 2023
Good Job 😊



CHATEAU LAC STE ANNE

ONOWAY



Greetings everyone from Chateau Lac Ste Anne in Onoway!!!

Holy smokes it's hot!! And of course it's smoky too!!! Let's keep praying for rain and some relief for our hard working firefighters throughout the province!

The remainder of our April was quite busy and filled with fun activities! April 18th was our annual Hawaiian Luau complete with drinks, snacks and dressing up for the occasion! We had card making on the morning of the 20th followed by our Volunteer Lunch; special thank you again to all our fantastic volunteers: Lori, Johanne, Bonnie, Judy, Len & Tess, Joan, Ginny and Aisling! Our small group craft on the 27th was shrink art again...delightful creations by Ken, Diane, Sheila and Fernande. Our April 28th birthday party was a blast with music by Gary Thomas (a resident favorite), cake and dancing of course! Happy April birthdays once again to Aime, Carmen, Larry H. and John B. So now, here we are into May and the flower boxes and outdoor cleanup has been completed...we are just waiting until after the long weekend to start planting flowers. On May 4 the daycare kids came by again to color and play with our folks and they even planted some sun flowers for everyone to enjoy! On Friday we celebrated Cinco de Mayo with drinks and treats and silly dancing (well, mostly us silly dancing!)....speaking of dancing, we have heard that spontaneous dance parties are taking place on the weekends?...how fun is that!!! Our local museum has terrific vintage/antique articles boxes that can be signed out, which we did and enjoyed a morning of reminiscing and guessing just what that artifact could be! The residents were pretty smart figuring those out!! May 12th we celebrated our annual Mother's Day Tea with many family guests in attendance. The dining room was beautifully decorated and everyone enjoyed the music by Runnin Free Country Fellowship (they even brought roses and gifted the ladies with beaded necklaces!). We had door prizes and the draw was made for our raffle basket which was won by Ruth C! Congratulations Ruth and THANK YOU to everyone who bought tickets-we raised \$258.00 for the activity department! Thanks to Shauna, we had some great Oiler's Fever photo ops...too bad they didn't make it to the finals...maybe next year! Yesterday, the 16th, 8 residents, 2 staff and 1 brave volunteer (Johanne) took the East End Bus to St Albert to enjoy lunch at Timmie's and some retail therapy at Walmart. It was a long day but very much enjoyed! Coming up for the rest of May we will be enjoying pet therapy with Boom on the 18th, ice cream social, mobile tuck, mobile voting on the morning of the 25th, our birthday party on the 26th and our memorial on the 30th. Until next time; take care, stay hydrated, stay cool and stay awesome!!!!

Linda Fenske - Social Leisure Services Aide



CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



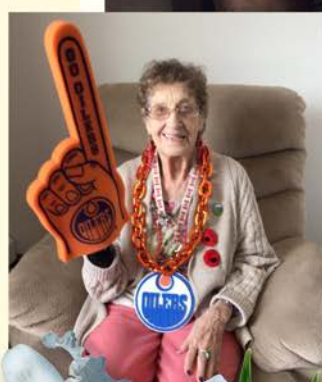
THANK YOU VOLUNTEERS!!



CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



HAPPY
MOTHER'S
DAY!!



EAST & CENTRAL MANORS



Wow! What a crazy spring! The weather has been beautiful, but unfortunately, the lack of rain has turned our province into a tinderbox! Do you have the Alberta Emergency Alert app? How about the 511 road reports app. These are very useful tools in times of crisis.

Do you know, it is a really good idea to have a "go bag" ready? Sometimes we get very little notice when we have to evacuate (can be just minutes). You should have a stash ready to go at a moment's notice. Some things to take; important papers, identification, medications, 3 days worth of toiletries and clothing, 3 days worth of food and water. Cell phone and charger.

Create your own list of things that are important to you, and then pray you never have to use it.

Plants are starting to pop up and our lawns are starting to green up. The birds are chirping away at the nattering squirrels. I truly do love spring ☺

Our lawn maintenance crews are busy getting parking lots and lawns cleaned up and ready for mowing. They have had a lot of branches to clean up from all the wind storms. Please ensure if you have planters outside, that they are not impeding the lawn's crew ability to mow. Planters should be kept to decks and graveled areas along the buildings.

Any big plans for Mother's Day? I hope you all have the opportunity to spend time with the ones you love.



Motherhood is a fairy tale in reverse. You start off in a beautiful gown and wind up cleaning everyone's messes ☺ Have a wonderful May!

Brenda Young
Independent Living Manager



WOODLAND VILLA



Melody Nemlander – Supportive Housing Manager

On April 26, 2023 we celebrated our friend Stefa. Stefa moved back to Croatia at the end of April. She was a wonderful friend, she will be greatly missed by everyone at the Villa.



WOODLAND VILLA



WOODLAND VILLA



WOODLAND VILLA



Shirley W, provided a wonderful lunch and Myrna some tasty desserts. Also, Stefa made one of her special desserts.
Thank you, ladies, for a lovely lunch!!



IN MEMORY OF



We continue to send out thoughts and prayers
to friends and family of loved ones lost.



In memory of Rhoda Maxwell

