

# LAC STE ANNE FOUNDATION

## JUNE 2023 NEWSLETTER

H A P P Y

# Father's Day



June has brought many changes, and we are glad to be celebrating our amazing fathers and welcoming summer. We would like to send a huge thank you to our Activities Department, SVL staff, and the community for the most amazing Seniors Week!

We welcomed two new chefs this month; Rumina and Laurel and they are very happy to be joining our team! Congratulations to Feltio for his full time position- it was well deserved. We welcomed our newest SVL Family member Mrs. Kay Hoff, she joined us from the Woodland Villa and her sense of humour and quirky personality make her fit right in with all of us!

It is with great sadness that we said goodbye to our most beloved Newfoundlander; Tom Harnum will be forever missed. Our thoughts and prayers are with his wife, June and their family during this difficult time. She showed us that with great friendship and support it can help us through the worst of times.

### MEETINGS:

Lodge Meeting- June 21st

Resident Meetings- June 14th

Activities & Lodge Service Coordinator Appreciation Day: June 16th

Diane Robbins - SVL Manager  
Whitecourt Spruce View Lodge



# SVL ACTIVITIES

Greetings to all! The month of May signals that the time of year when we all look forward to warmer weather, specials events and gatherings with friends and family. Here at SVL we had a variety of fun and engaging events that we would like to fill you in on!

At the start of the month, we had an information session from Alberta Health Services. The focus was on the Dietary Changes and how they can affect our overall health. We were so grateful to receive this important information.

We took a fun shopping trip to Walmart/Dollarama where the residents enjoyed browsing the aisles and picking out items they needed.

We had a lovely Arts & Crafts session where we painted stones. Our residents enjoyed being creative and seeing their artistic vision come to life.

For our Mother's Day celebration, we invited some Firefighter's to hand over flowers to our residents. We also drew the winner for our 50/50, our very own Stella Robbins!

Congratulations, Stella!

May 23rd the residents had the chance to vote, it was a great way to get involved in the community and exercise their right to vote.

On our Travel Tuesday's we discovered Prince Edward Island, the province of Green Gables with gorgeous sandy beaches and great culinary destination offering world-class seafood. We also traveled to Mongolia with endless landscape of vast countryside under massive blue skies.

The cooking show highlighted an easy 5 ingredient Mexican dessert "Carlota de Limon" in which the residents really enjoyed, another taste to remember.

For our Birthday Party, we have Ron Little as our entertainment. Mayor Tom Pickard came in to personally greet our birthday celebrants; Linnea, Dorothy, Bev, Anne Schaffer, Erna and Hank. A huge congratulations to Judy Skinner for winning Make Others Great and to Ingrid (HCA) for winning May raffle basket. Congratulations to Jurgen and Arlene for winning the door bingo.

Finally, we hosted a meet up party from another facility Pleasant View. It was great to see old friends catching up and reminiscing. We served milkshakes and waffles which made the gathering even more enjoyable.

That's all of May's events! We hope to see you all again soon for more exciting activities and celebrations. Stay safe and healthy ☺



# SVL ACTIVITIES



**HAPPY  
BIRTHDAY!!**





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# SVL Residents



**Welcome James Savoy**

James Savoy, popularly known as Jim, was born on November 2, 1932, in Edmonton Alberta. Jim joined the Army from 1950-1955. After completing his service Jim worked as a Greyhound driver for almost 25 years. Jim also loves to play music and soon became a skilled jazz guitarist. He spent countless hours practicing and performing in various lounges and jazz clubs in Edmonton, mesmerizing audiences with smooth melodies. However, music was not only his passion he is also a devout Roman Catholic who found solace and guidance in his faith. He attended mass regularly and participated in various church events.

Advice; Live a balanced life filled with love kindness and activities that bring joy to your heart. Take care of your physical and mental health so that you can enjoy a long fulfilling life.





# SVL Residents



CONGRATULATIONS!!

Heidi Linde

Make Others Great

June 2023

You are Magnificent 😊



# SVL Staff



Congratulations!  
Adrianna Saenz – Chef  
Make Others Great  
June 2023  
You nailed it! 😊





# SVL Staff



## Welcome Samantha

Samantha was born in Sydney, Nova Scotia on June 22, 2003 and was raised in Whitecourt Alberta.

She started working in the Lodge May 16, 2023 as our Lodge Assistant we are thrilled to have her on board.

Samantha is a devoted mother with one son and a daughter one on the way. Sam is planning to go back to school and continue Nursing, she also enjoys reading and art; she knows a little bit of crochet too.

Her friendly and outgoing personality makes her a great asset to our team, and we are excited to see what she can contribute to our company.

Fun facts about Sam, she was the first Granddaughter of our very own Alberta ☺



# CHATEAU LAC STE ANNE

## Onoway



Welcome summer!

Here at the Chateau we have had 2 new residents move in. Please welcome Annie and Rosemary. There will be another couple moving in later this month as well. Reno's are nearly completed from the water damage that occurred in April. It's been a hot spring with many wildfires in Alberta. Hoping everyone that has been affected by them is back home safe. Kasia will be leaving us on June 23rd, we wish her all the best in her new position, she will do amazing things. We will have a going away party for her on the 23rd in the afternoon. Our department meeting will be held on June 29th. Watch your emails for the invite.

Tammie Jacobs  
CLSA Manager





# CLSA ACTIVITIES

Happy June from Chateau Lac Ste Anne! We hope you are all enjoying this beautiful weather (in spite of the fires and smoke). The flowers around the lodge are looking amazing! The Town of Onoway was put on a water restriction a couple weeks ago but the bright ladies of the lodge asked the cooks to save any leftover water from the tables at meal time to add to their watering cans...brilliant and not a drop wasted!!

We rounded out May with another class of card making with Bonnie and Judy on the 18th, refreshing ice cream socials, our mobile voting station (which was very well attended), plenty of games and celebrating our May birthdays on the 26th with entertainment by Wayne O. Happiest birthdays wishes again to our May babies-Diane, Ann, Arnie and Laverne. On May 30 some of us got some ladies together to make some lovely wreaths for their doors...job well done ladies!

The beginning of June was busy, busy, busy with Senior's Week activities that included a Tim Horton's Drive Thru and comedian Sandy Morton, Dairy Queen treats, games with the day care kids (who also planted flowers!), a FREE bingo and we rounded it out with a booze and tattoos happy hour! We also celebrated Chateau Lac Ste Anne's 15th birthday on June 7th. Thank you again to Lac Ste Anne County for donating towards our Senior's Week activities.

We are preparing a fun mini-carnival for June 24 in conjunction with the Town of Onoway's Centennial in which our very own centenarian Ed F. gets to be the parade marshal!!! We are excited to invite everyone in the community as we celebrate our 15th Anniversary with this wonderful little Town! (Poster is included in newsletter). We just have to keep our fingers crossed for good weather!!

Coming up for the rest of June we have our Father's Day celebration on the 16th (hopefully in the gazebo), a recital by the Maridon School of Music on the evening of the 23rd, a sing-a-long with Linda on the 27th and our birthday party on the 30th with music by A Touch of Country. Of course those are all in addition to our many games, bingos, crafts and more that you and your families are always welcome to attend!!  
Until next time....

Linda Fenske-Social Leisure Services Aide



# CLSA ACTIVITIES



Chateau  
Lac Ste Anne

15 YEAR CELEBRATION

Saturday 24th June  
12pm to 4pm

5123 49 AVE

**FREE ENTRY**

JOIN US FOR LOTS OF FUN!

- Bean Bag Toss
- Inflatable Game Set
- Connect 4
- Face Painting
- Dunk Tank
- Horseshoes
- Hydration Station
- Snack Shack
- Home Run Hot Dogs

Made possible  
by the Ste  
Anne Gas  
Community  
Enhancement  
Foundation



Come Support your local Seniors!



# CLSA ACTIVITIES



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# CLSA Residents



Annie was born Jan 4, 1931 to her parents Henry and Molly in Stony Plain. She was raised in Onoway and is the youngest of 11 siblings however; she is the only one left! She went to school in Glenford, AB where she stayed until grade nine. Annie was married to her husband of 52 years until 2002 when he passed away. Annie is a fun, amazing lady who loves to “go with the flow”. She is a farm girl at heart and volunteered at the farmers market doing canning, baking, knitting and quilting! Her favorite meal of the day is dinner time.

Annie moved into the Chateau May 25th, and has been participating in a few of our activities like Bingo, Jackpot Card Bingo and enjoying coffee with other residents! Welcome Annie!!



# EAST & CENTRAL MANORS

Welcome to the official start of summer, and Happy Father's Day!

Wow, with the weather we have had, it was hard to believe it was still spring! The manors are bursting with colour from everyone's flowers! I love checking out all the different plants that tenants choose. Now the rains have settled in, things will grow like crazy.

The occurrence of tenants feeding animals is on the rise again. PLEASE, DO NOT feed the animals! It causes pests to come around, who then damage the buildings. This also puts tenants at risk of being sprayed by skunks. I am receiving complaints that people go to light their bar-b-ques, and they are stuffed full of peanuts and seeds. Squirrels are digging up bedding plants to bury their cache. We do understand the pleasure gained from watching the animals, but the cost to the Foundation is on the rise and we are getting numerous complaints from other tenants, so please cease and desist on feeding animals.

Just a reminder, if someone buzzes your suite, please actually chat with person over intercom to make sure they are your guest. You are not to be buzzing random people into the building, as this defeats the purpose of the security doors.

I hope all you dads out there were able to spend some quality time with loved ones for Father's Day!



What do Hermit Crabs do on Father's Day?  
"Shellebrate" their dads 😊

Have a great one!

Brenda Young - Independent Living Manager





# WOODLAND VILLA

Melody Nemlander – Supportive Housing Manager  
Here are a few pictures from the backyard in May.





# PLEASANT VIEW LODGE

## Mayerthorpe

Starting the summer off to some heat waves, I would like to remind everyone to drink more water to prevent dehydration. Please make use of our hydration station in the front sitting area.

Larry moved into PVL this month from CLSA. Welcome Larry!!

Our Activities and Lodge Service Coordinator Appreciation Day is June 16th. We are having tacos for lunch. We appreciate all you ladies do for our residents and our staff! You are all amazing!

AHS is rescinding the Use of Masks During COVID-19 Directive, effective June 19, 2023. As a result, AHS will no longer require continuous masking at all AHS facilities, including Continuing Care and contracted sites. Our next resident council meeting is May 26th at 10:15am.



Pamela Lacaille - PVL Manager



# PVL ACTIVITIES

What a busy month we have had what with Cinco De Mayo, Mother's Day and then Senior's Week but around here we wouldn't have it any other way! Here at PVL we have also been enjoying lots of socials lately which have been a nice way to catch up with one and other as well as lots of time on our patio, as much the extreme heat and smoky days will allow anyways. We kicked off May with our Cinco De Mayo Party which consisted of tequila sunrises, nachos with salsa and of course some lovely Mexican music. We then had our Annual Mother's Day Tea, we invited our families and had Eric perform in his accordion for us which is always so wonderful. On May 14th we celebrated Mother's Day with a social and a special gift for each lady resident of a flower. In addition the Norman Anger Memorial Ride came by PVL that day with lots of very cool vehicles for everyone to see. Rosalee and her petting zoo were at PVL on May 18th with a bunch of cute puppies, kittens and bunnies, we are all very eager to see what adorable animals she brings with her next time. On May 25th we celebrated our monthly Birthday Party with cake and refreshments as well as some lovely piano music by the amazing Wendy L.! On June 2nd we flew by the seat of our pants and threw together a doughnut and refreshments cart in celebration of National Doughnut Day and went door to door surprising our residents with door to door doughnut deliveries. June 5th we kicked off Senior's Week 2023 by walking to Elmer Elson Elementary School to participate in the Opening Ceremonies which were lovely. The school as well as the town did a wonderful job of putting on the event. We then came home and threw our own little opening day party with the residents that were not able to attend the mornings event. On June 6th we had our very own Fashion Show here at PVL thanks to Pieces by Sharon, the clothing and the models both looked fabulous! On June 7th we had the Riehl Band come and perform for us, they are always a crowd favorite around here. We would like to thank Lac Ste Anne County who generously sponsored this event, we thank you for your continued support ☺ On June 8th we enjoyed a Pub and Popcorn event on the patio. And finally on June 9th we had a Social Hour with Eric playing the accordion. I hope all our residents had a wonderful Senior's Week and we will be looking forward to all of the summer activities coming up. Congratulations to Bret who was the winner of our May Loonie Bingo. And a special Happy Birthday to Leo, Kathy, Sarah, Barb, Shirley K. and Henry who all celebrated Birthdays in May!

Dallys Crossland - Activities Coordinator





# PVL ACTIVITIES



**HAPPY BIRTHDAY!!!**





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**PVL Staff**



**Congratulations to our May  
Make Others Great Award Winner  
Anna Brill!**



# **IN MEMORY OF**

**We continue to send out thoughts and prayers to  
friends and family of loved ones lost.**



**Tom Harnum**

**Death leaves a heartache no one can heal,  
love leaves a memory no one can steal.**

