Lac Ste. Anne Foundation July 2023 Newsletter

"CONGRATULATIONS" ON COMPLETING THE MANAGERIAL EXCELLENCE CERTIFICATE THROUGH NORQUEST COLLEGE!!"

The Following Managers have successfully completed and received their certificates.

Chateau Lac Ste. Anne Lodge

Tammie Jacobs, Jessie Poeter

Pleasant View Lodge

Pam LaCaille, Amy Friend

Spruce View Lodge

Diane Robbins, Tara Storr

Finance Officer

Robin Strome

Operations Manager

Sylvia Bonnett

"Develop a passion for learning. If you do, you will never cease to grow."

- Anthony J. D'Angelo

Chateau Lac Ste. Anne Onoway

Happy July!!

Hard to believe we're near the end of the month already.

We have officially come off of the Covid Outbreak status. Thanks to all the staff for a great job in containing the spread of the virus. Thanks to all the residents for being patient with the rearranging of the seating and the removal of the multi-use items.

Upcoming meetings;

Resident meeting is Wednesday the 19th at 1 pm.

PCS department meeting is Tuesday the 18th at 1 pm.

Lodge Department meeting is on the 26th at 130 pm.

We have Doug moving into room 208 this week; please welcome him to the Chateau.

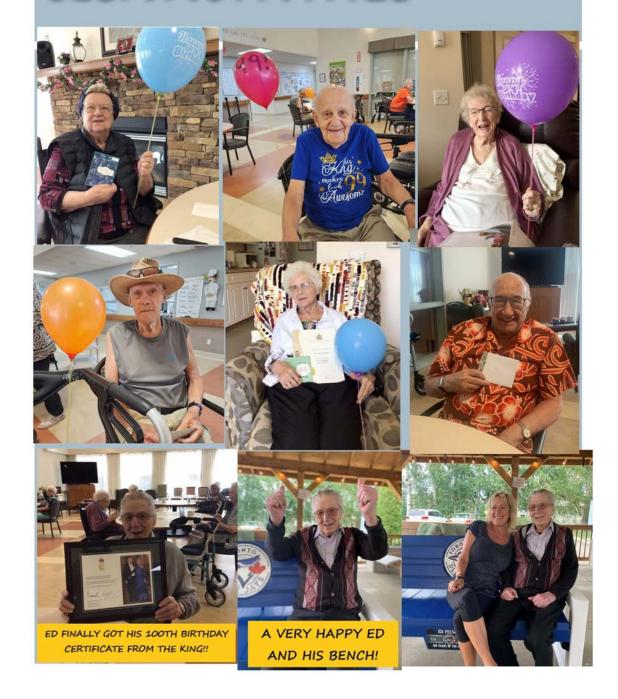
Tammie Jacobs - Site Manager





Happy July from Chateau Lac Ste Anne! The rest of June at the Chateau was mighty busy as we were preparing for our first mini carnival on the 24th! Prior to that though, we celebrated our Father's on the 16th with a fun afternoon of beer, pizza, games and prizes-plus we learned a few things from them that were both funny and interesting! (See attached write up). Congratulations to Ruth for winning our Father's Day raffle basket! Our most recent progressive bingo winners were shared both times; Diane and Marina and Olive and Laura!

On the evening of the 23rd we had the Maridon School of music from Spruce Grove come to perform a spring recital for our folks...it was very well attended and appreciated by all! Then on Saturday the 24th we hosted our mini carnival! It was a hot day indeed and we certainly went through plenty of cold drinks and treats! The parade was amazing and of course we were immensely proud of our parade marshal Ed!!! (He also finally saw delivery of his most amazing Blue Jays bench....looks great on you Ed!) Following the parade we invited the community for games, treats and prizes! Thank you to Sylvia for spinning loads of cotton candy and to all our helpers; it was busy and so much fun! All of this would not have been possible without the generous grant we received from the Ste Anne Gas Co-op's Community Enhancement Foundation....thank you, thank you, thank you!!! Sadly, we had modified our activities the following week after being hit with a covid outbreak so we had to cancel our entertainment for the birthday party. Happy birthday again to our June celebrants; John, Jerry, Allan, Nora, Irene, Barbara and June! We will celebrate all of June AND July birthdays on July 21 instead. On June 28th we had a couple gals come by from the Onoway Quilting Guild to present us with a cheque for \$750 that they want us to use towards entertainment for our folks...and we most certainly will oblige...what a beautiful gift! So, the beginning of July has been more laid back, but we are taking advantage of the nice weather and enjoying a lot of outdoor coffee visits with some trivia and conversation games thrown in. To help celebrate Canada Day, our folks were treated to popsicles and some fun tattoos! We love seeing what proud Canadians are among us! With fingers crossed and loads of luck and no more positive cases we will resume our regular activities on July 17th; so stay tuned for plenty of games, card making, pub and crib club, a sing-a-long, our birthday party on the 21st with music by "A Touch of Country" and much more. Until next time, enjoy this beautiful summer weather and keep well!!!







THINGS WE LEARNED ABOUT OUR "GRAMPAS" AT OUR FATHER'S DAY PARTY USING THE BEACH BALL GAME!

John B.-what is your least favorite food? PEANUT BUTTER!

Darrell-what are you most thankful for? STILL BEING ALIVE!

Ken-what was your first job? OIL RIGS!

Jan S-what one food could you eat for the rest of your life? SCRAMBLED EGGS!

Arnie-favorite color? BLUE

Art- favorite color? BLUE

Jerry-coffee or tea? TEA

Peter-your furthest back memory? BEING BORN!

Mervin-favorite thing about the person to your right? SHE'S BAD! (it was Linda!)

































CLSA Residents



Rosemary Blakeman

Rosemary was born at home on July 9, 1941 in Lac Ste Anne County near Alberta Beach. She is the eldest of 3; all girls! Raised on the family farm, she developed a great love for animals, especially dogs- in fact she's crazy about them! She went to school from grades 1-11 in Darwell and starting working at the age of 15 until her retirement at 65. She worked at several of the restaurants in Alberta Beach and at one time managed the Alberta Beach Hotel Restaurant. She was married for almost 60 years and has 2 children (one sadly passed away), 2 grandchildren and 1 great grandson. Her and her husband Norm purchased a water well drilling company in the early 80's that is still proudly owned and operated by her son Joe, who also happens to be the Reeve of the Lac Ste Anne County. Rosemary loved to cook and do puzzles and is a proud cancer survivor; so she lives and loves life to the fullest! Rosemary moved into the Chateau in June after having lived in a condo in Onoway for the last 8 years. She is energetic and has a wonderful sense of humor and loves to attend many activities here at the Chateau! Welcome Rosemary!!!

EAST & WEST MANORS

Happy Canada Day, and Happy July from East and Central Manors!

I hope everyone found some fun and mischief to get into on the long weekend ©

We had some fun with a seagull at Lakeview Manor. Guess he figured he could come live in the building, as he kept pecking at the main entrance door to come in.

We have been trapping numerous skunks from numerous sites. Please ensure you are not feeding animals/birds. The scraps and dropped seed that are left on the ground is what is enticing the skunks in!

Please ensure you are not copying and giving out copies of your building or suite keys. If you need an extra key, please see management, so the extra keys can be recorded.



What has antlers and sucks blood?

A Moose-quito!!

Have a wonderful July
Brenda Young - Independent Living Manager

WOODLAND VILLA

Melody Nemlander – Supportive Housing Manager

These are a few of the things we have enjoyed around the Villa in the month of July.



WOODLAND VILLA













SUMMER TIME AT THE VILLA!

PLEASANT VIEW LODGE Mayerthorpe

Happy Canada Day!

During the summer with some residents going on holidays, please remember to let staff know if you are leaving. If you go downtown, especially on hot days it is good to let someone know where you are headed so we know when to expect your safe return.

There is one room being cleaned out this month and we will have a new move in scheduled as soon as that is complete.

Our Lodge Assistant, Ashleigh's last shift was the night of June 30th; she is moving to attend college. We wish her all the best in her future endeavours! Amy and I will be busy interviewing Lodge Assistants in the beginning of July. We had Carly start training at PVL in June as an LA; she is also orientating as a HCA. We also have Melody starting as a casual Lodge Assistant on July 6th. On July 13th Jolene will start as casual Cook and LA, Madison is also starting as a Lodge Assistant. We are excited to have you all join the PVL team! Please make them all feel welcome.

The Community Centre repairs are well on their way to be finished soon. It is expected that the work will be completed by August.

Our next resident council meeting will be July 31st at 10:15 am.

Pamela Lacaille-Site Manager



The weather has been so touch and go lately we never seem to know exactly what you expect. One thing is for sure, we need to enjoy spending time outdoors while we are able to.

On June 18th we celebrated Father's Day with beer, pizza and a game of Axe throwing. The weather wasn't as nice as I would have liked but we made do with the living room rather than the patio this year. Happy Father's Day to all the dads out there!

On June 29th we celebrated our June Birthdays with a Hawaiian themed party which turned out fantastic! We had music by the lovely Iris Tuftin as well as some tropical drinks and snacks. This party was generously sponsored by Mayerthorpe Value Drug Mart, thank you for your continued support! There was even an article in the local paper about this event.

On July 5th we went on an outing to Whitecourt and, as usual, that was a great way to spend a day. We went out shopping and then had lunch at Mountain Steak and Pizza House followed by a Dairy Queen treat before heading home. We had a free bingo in June which was won and donated back by the winner which means we will be adding it to our July jackpot.

Happy Birthday to Jim. S, Sylvia and Shirley. L who all celebrated birthdays in June. Congratulations to Carrie who was the winner of our Jackpot Card Bingo Jackpot of \$34 on July 10th, way to go Carrie!

We would also like to give a special thank you to Deep Creek Camping and Events for their donation of two large buckets of Foothills Ice cream. There is no doubt the residents will enjoy this donation over the summer very much!

Dallys Crossland-Activities Coordinator































PVL RESIDENTS



Shirley Lundle

Shirley was born in Lloydminster, Saskatchewan and was raised in Bentley, Alberta. Shirley's mom and dad were hard working people who always managed to keep Shirley and her brother fed and clothed. Shirley has one son, Timothy, as well as 7 grandchildren and 7 great-grandchildren! Shirley sadly lost her husband, Alf, and since then has found it pretty lonely. Shirley says that even though no place will ever feel exactly like home, the Lodge is lovely and the staff and residents are so kind to her. Shirley enjoys gardening, sitting in the sun and spending time with family and friends. Shirley says the one thing that really brightens her day is a visitor to her room. Shirley's advice for the youth today is to 1- treat people nicely and 2- stick to your guns; if you decide to do something stick with it until it's done! What great advice. Welcome to Pleasant View Lodge Shirley! We are happy to get to know you.

Shirley was raised in Bentley, allowed and was raised in Bentley and some son, Timothy, as well as a very saddley and some son, Timothy, as well as a very saddley and sa

PVL STAFF



Christle Caringal

Christle was born in the Philippines in a small province with lots of beaches. She came to Canada at the age of 17 along with her 2 brothers and her little sister, their mother was already in Canada so they were all very excited to be with her once again. Christle says the thing she misses most about her home country is island hopping and all the beautiful beaches. When she is not working here at PVL Christle cares for her sister while her mother is busy working. Christle enjoys sleeping and crocheting and says she really likes getting to know the residents here at PVL. Welcome Christle!

PVL STAFF



Sarah Ayers

Sarah was born and raised in Whitecourt AB before moving to B.C. to get married and start a family. Sarah and her family returned to Alberta a few years ago to buy a hobby farm and raise their children here. Sarah enjoys animals and spending time with her family and friends. Sarah says the thing she enjoys most about working at Pleasant View Lodge is getting to know all the lovely seniors. Welcome to PVL Sarah!



SPRUCE VIEW LODGE

Whitecourt



So many great things are upon us- Mask Mandate has been removed and the staff and residents could not be happier. Fires in Alberta, and nearby are under control and we are so sad to hear of those who have lost homes due to the wildfires, our thoughts and prayers are with you.

We welcomed some new faces, our cook Laurel who has joined us all the way from Nova Scotia and a new Health care aid, Michelle who has come to work with us from Pleasant View Lodge.

We had Fire Protection here in June to check all of our detectors and alarms ensuring they are in good working order. Our trees, flowers and shrubs courtesy of the Rotary Club donation were planted by myself, Diane and our handy resident Find. It was a long two days but the courtyard and lodge exterior are coming along beautifully.

MEETINGS:

Lodge Meeting- July 19th Resident Meetings- July 12th Healthcare Meeting- July 27th

Diane Robbins - Site Manager



Hello to all! What a busy month! June has been a month filled with fantastic events and engaging activities here at SVL. Let's take a moment to reflect on the highlights and memories we've created together.

We kicked off June by celebrating Seniors Week; on Monday we had Pieces by Sharon shopping followed by a painting class where a few residents showcased their artistic talents. Tuesday, we were blessed with beautiful weather, perfect for exploring and discovering the Forest Interpretive Center and visiting the museum. Afterwards, we gathered for some tasty treats at A&W restaurant, savoring good food with great company. Wednesday brought us laughter and friendly competition as we engaged in a Ladder Ball game with the fantastic staff from Mr. Mikes. The fun didn't stop there as the residents enjoyed Bingo Bonanza and witnessed a corn on the Cob eating contest among staff members. Congratulations to Adrianna as our champion, Hooray! Thursday, we were fortunate to have the friendly staff from Original Joe's join us for a lively game of Bean Bag Toss. The excitement continued to rise as we welcomed a Petting Zoo, thanks to Rosalie for bringing her animal's, puppies, rabbits, goats, a pony and a crazy calf. The residents enjoyed the interaction with the adorable animals, it was truly unforgettable experience for everyone involved especially for ME! To wrap up the seniors week, we had the privilege of dancing to the uplifting tunes of a Country Music Band from Barrhead. The atmosphere was filled with joy and energy as residents, staff and community members, boogied all afternoon.

On June 16th we celebrated Father's Day with a party and games, laughter and delicious treats. Residents enjoyed friendly competition and it was a heartfelt day dedicated to honoring all the fathers.

On Travel Tuesday's we discovered Mexico, the country with rich culture, ancient ruins, dazzling beaches and incredible cuisine. We also traveled to Denmark which is known for multiple things like Vikings, hygge, licorice, Lego, hot dogs and colorful houses and much more, special thanks to Find for being my co-host and sharing his happy and beautiful country.

For our Birthday party, we had Eric "the accordion" as our entertainment. Mayor Tom Pickard came in to personally greet our birthday celebrants; Mike, Louise, May and Heidi. A huge congratulations to Heidi Linde for winning Make Others Great. Congratulations to our very own Brenda and Marilyn for winning the Door Bingo.

Finally, we welcomed a group of talented Filipino kids to showcase their abilities. The day began with a mesmerizing performance of the traditional dance Carinosa, followed by piano recital and singing the residents was so impressed with their musical prowess and enjoyed every minute of it.

June has been a month abundant with celebration, talent and joy. We hope to see you all again soon for more exciting activities stay tuned. Stay safe, happy and healthy. ©

Clarissa Titong - Activities Coordinator





















































SVL Residents



CONGRATULATIONS!!!

FIND THOMSEN

Make Others Great

July 2023

Wonderful ©

SVL Residents



Welcome Kay Hoff

Kay Hoff was born on October 18, 1935, in High Prairie Alberta. She is widowed and has a son whom she raised and sent to school by herself. Kay joined our SVL family June 2 and has been enjoying it so far.

In her earlier years, Kay worked as a Telephone operator at the Alberta Government office and later as an office worker at a local Ford Dealership. However, the most significant events in her life were having her son and raising him alone as she regarded him as a blessing.

Kay's advice; to be happy no matter what happens, to always focus on the positive things in life and to surround yourself with people who uplift your spirit. She believes in staying grateful for the things you have and living in the moment can lead to a happier life.

SVL Staff



CONGRATULATIONS!!!
CHRISTINE GACES
Laundry Attendant
Make Others Great
July 2023
Excellent Job ©

SVL Staff



Welcome Rumina

Rumina, also known to her friends as Mina, is a talented Chef from the Philippines, She started working here June 7, 2023 as a Chef and has been happily cooking and serving for the residents.

Mina's love for cooking and serving others is evident in everything she does. She takes pride in creating healthy and delicious meals that the residents can enjoy and she always goes the extra mile to ensure that the residents are well taken care of. Apart from her work, Mina is a proud mother of a 12 year old son. She enjoys spending time with her family and her favorite hobby is cooking meals for them. Mina believes that the food brings people together and that there's nothing quite like the joy of sharing a home-cooked meal with loved ones.

In Memory of

We continue to send out thoughts and prayers to friends and family of loved ones lost.



Ernest Nelson-Wiger

A friend can never be replaced, but will always be remembered.