

Lac Ste Anne Foundation

August 2023

Here we are on the back side of summer already! How does it go by so fast? I hope everyone gets to enjoy what is left!

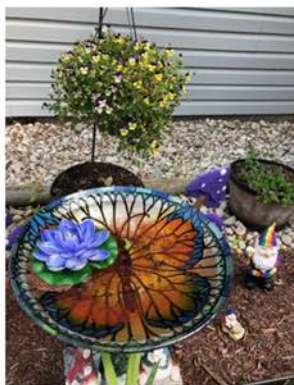
These storms have hit our trees and plants pretty hard. Let's hope we still get to enjoy our flowers for a few more weeks!

The fish flies are out with a vengeance at Lakeview Manor. Please be patient, they are only out for a couple weeks and then will be gone. .

Are you aware of the different services offered and expense rebates given by the Senior's Financial Assistance Program? There are some great little tidbits.

Check it out at this link: <https://open.alberta.ca/dataset/8df5377c-5db8-415c-b282-cf5623a8a9b7/resource/b8569701-eaaa-4a54-8dcd-6419df6ef10e/download/scss-seniors-financial-assistance-information-booklet-2023-07.pdf>

(there is a paper copy pinned to the bulletin board in each manor as well).



Where do sheep go on vacation?

To the baaaa-hamas

Have a wonderful August
Brenda Young - Independent Living Manager



Pleasant View Lodge Mayerthorpe

Last month we had one new resident move in. Welcome to your new home Marjorie! We wish Darby Wells all the best; she is moving to further her education. We will all miss her.

Sadly Sylvia and Grant have passed away. They will both be missed dearly. We are sending love and thinking of their families in this difficult time.

With all of the rain we have received this month, a lot of the residents' flowers were flooded but they are still doing well and looking beautiful.

Maintenance Appreciation Day is August 18th. Thank you Steven and Patty for your hard work to maintain a safe home for our residents.



Meetings:

Health & Safety: August 21st at 1:30pm

Staff: August 24th at 1:30pm

Resident Council: August 28th at 10:15am

Personal Care Services: August 30th at 1:30pm

Pamela Lacaille-Site Manager



PVL Activities

Well, summer is approaching the end and I must say I think we have been making the most of these hot summer months while we are able to.

July 6th we were scheduled to have a movie matinee in the afternoon but with the sun shining and the temperature so perfect outside we decided to host a Tiki Bar Happy Hour instead. We served pineapple lemonade with the option for coconut rum and snack bowls while listening to music on the patio.

July 11th we had door to door ice cream cone deliveries for all our resident's courtesy of Deep Creek Camping and Events who generously donated ice cream to the lodge.

July 14th we all watched our co-worker, Jackie's family compete at the Calgary Stampede. Way to go guys! Very cool to watch!

July 18th we had a Tim Horton's Drive Thru which was generously donated by The Friends of The Lac Ste Anne Foundation. Thank you for all you do!!

July 25th we had Sunset Country The Roys come and perform for us for our July Birthday Party and they blew us away! Very good entertainment and we can't wait for them to return for our Grandparent's Day Party September 10th.

July 26th we went on a bus outing to the public library for the Old Mayerthorpe Picture Show followed by lunch at Rochfort Bridge Trading Post and a scenic drive around Mayerthorpe and down memory lane.

August 2nd we went on our annual trip to Alberta beach. Thank you the family of Carrie A who generously host this trip every year.

August 10th we celebrated our August Birthdays with a party complete with music by The Riehls which was generously donated by Anna. C, thank you Anna! Happy Birthday to Pat, Shirley. M, Shirley. C, Joyce and Sharon who all celebrated Birthdays in July.

Congratulations to Marilyn, Anna. C, Wanda and Shirley M who won the jackpot card bingo jackpot on August 1st.

And finally, Congratulations to Anna. C who was the winner of our July Loonie Bingo!

Dallys Crossland - Activity Coordinator



PVL Activities



PVL Activities



PVL Activities



PVL Activities



PVL Activities



PVL Activities



PVL Staff



Congratulations to our July
Make Others Great Award Winner
Brandi Cloke!!



SVL Activities

Greetings to all! July has been a month full of memorable activities and events and we are so happy to share all the highlights with you in this newsletter.

We kicked off July by making gnome houses as our Arts & Crafts. Residents showcased their artistic talents by transforming ordinary pots into a beautiful work of art; it was indeed a fun experience filled with colors and laughter.

We went to Festival Park for a fun picnic and the residents enjoyed delicious treats and good company. Not to mention the collection of fun games that brought out our competitive spirits and created joyful memories.

We hosted another Death Café led by Kim from AHS, conversations about life, mortality and everything in between. It was an opportunity for residents to share their thoughts, stories and reflections; it was another insightful afternoon full of discussions.

We had various games that brought laughter and so much fun, bean bag toss, bowling, dice game and bocce ball. It was truly heartwarming to witness residents enjoying each other's company.

On our Travel Tuesday's we discovered Madagascar- the number one producer of Vanilla, they are also known for their colorful chameleons, stunning orchids and towering Baobab trees. We also traveled to Cyprus the "Island of Love" because according to mythology, the goddess Aphrodite emerged from the waves at Paphos. Lastly, Greenland known for their immense glaciers and the world's largest island, lying in the North Atlantic Ocean.

The cooking show highlighted one of our resident's-Judy and her easy four ingredient snack made of peanut butter, we had so much fun making it and sharing with the residents, it was another taste to remember.

Finally, for our Birthday party we had Country Sunset Band from Edmonton as our entertainment. Mayor Tom Pickard came in to personally greet our birthday celebrants; Ron, Shirley, Tony, Eileen S., Marilyn, Nettie, Wally and Jürgen. A huge Congratulations to Find Thomsen for winning Make Others Great for the month of July and to Marilyn for winning the Door Bingo.

We hope you had as much fun as we did in July, stay safe and healthy😊

Clarissa Titong - Activities Coordinator



SVL Activities



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SVL Activities



SVL Activities



SVL Activities



SVL Residents



Welcome Joanne

Meet Joe, she was born on November 22, 1963 in Surrey BC. Joe brings vibrant energy and warm smiles to everyone she meets, she initially worked as a server in a restaurant where she found joy in connecting with people and making their dining experiences memorable. Later on, she started cleaning houses, she enjoyed working by herself.

Joe has a variety of interests that keep her engaged and entertained. She loves knitting and crocheting, often crafting beautiful pieces that bring warmth and comfort to others.



SVL Residents



Welcome Morley

Morley White was born on November 2, 1929, in Grasslands, Alberta. Despite being born into a large family with limited resources, they always cherished the happiness that they found together. Growing up as one of the seven brothers and nine sisters, Morley developed a strong sense of family values.

Throughout his life, Morley's passion for farming and creating art became a hobby. One of his favorite art forms was building small log cabins, where he could appreciate craftsmanship.

Morley enjoys keeping himself informed through watching the news, he also finds entertainment and excitement in solving puzzles particularly the "Wheel of Fortune". Despite Morley's age, he takes pride in his ability to still drive around, remaining active and independent.

Advice: His advice to others is simply yet profound, study diligently, find contentment and embrace a happy outlook on life and maintain a positive mindset.



SVL Staff



Welcome Laurel

Meet Laurel, our talented and passionate new chef and newest addition to the SVL team. Hailing from the beautiful city of Victoria BC, and raised in charming Nova Scotia. Laurel brings a wealth of experience and delightful personality to our kitchen. Her love for cooking is evident in every dish she cooks for the residents. Laurel is very happy to be part of our team, where she finds joy in working alongside wonderful residents and staff. She appreciates the kindness and camaraderie that fills our hallways, making everyday a wonderful experience for everyone.

Laurel's hobbies are reading, listening to music and hanging out with her two kitty cats Luna and Gabby, they bring endless happiness and joy after a long day at work. One of Laurel's favourite pastimes is exploring new restaurants and trying out new recipes. She loves the thrill of discovering new flavours and techniques, which she often incorporates into her own cooking.



SVL Staff



CONGRATULATIONS MARJORIE!!!
Social Leisure Aide
MAKE OTHERS GREAT
August 2023
Job well done 😊



Chateau Lac Ste Anne

Onoway

Wow how is August half over already!!

We have been busy at the Chateau with interviews for postings. We are happy to announce that Shauna has accepted the position of Activity Coordinator here at the Chateau. We will be making a decision shortly on the PT Social leisure aide. We would also like to congratulate Rose on accepting the FT temporary Covid activity position. Amanda has decided to step down from her FT line and remain casual.

We will have our monthly department meeting Wednesday the 23rd at 1:30.
H&S meeting on the 22nd at 1pm.

Our Maintenance appreciation day is this Friday the 18th.

Please remember to thank them for the great job keeping our building up and running.

I hope everyone has been enjoying their summer.

Tammie Jacobs - Site Manager



CLSA Activities

Hello everyone!

Once our Covid outbreak status was lifted on the 17th, we got back to the business of keeping busy! On the 19th we held our resident meeting after lunch, and then we had a great turn out for our sing-a-long with yours truly...what a joy it was to hear us all raise our voices in song and good cheer! Bonnie and Judy came by on the morning of the 20th for another wonderful card making class and then on Friday we had a HUGE birthday party for our June and July celebrants with great music by "A Touch of Country". Happy birthday wishes again to our July "babies"; Fay, Rosemary, Jan and Ken! And speaking of celebrating, our newest progressive bingo winners were Laura and Barbara S....congrats ladies and don't forget folks that when you buy a bingo card, you are supporting your very own activity department! In the final week of July we enjoyed bingo games, left/right/centre, shuffleboard, jackpot card bingo and some yummy banana splits as a great treat!

I can't believe its August already, but here we are! We are glad to have some volunteer bingos resume for a few Saturday's this month! So far we've enjoyed ladder ball, pub and crib club, bean bag toss and of course our 3 times a week exercise program! (We always welcome newcomers to our exercise program-it is easy to do and keeps us all moving and we have fun too!). The MAD HOUSE day care kids returned for a much enjoyed visit on July 10 then on the 11th we will be shopping with Pieces by Sharon and enjoying a special ice cream treat brought to us from Stony Plain and The Whole Scoop. This amazing little ice cream bike is such a hit and we couldn't have done this without the generous donation of Lori and Matt Butler! Coming up for the rest of the month we will have our regular scheduled games, a visit with our therapy dog Boom, birthday party on the 25th with music by "Sunset Country", then we'll round out the month with our memorial celebrating the lives of our dear departed friends from the past year.

The summer months are passing by quickly so remember to get out there and have fun while the weather is great! Until next time, take care!

Linda Fenske - Activities Coordinator



CLSA Activities



CLSA Activities



CLSA Activities



**CARD MAKING
WITH BONNIE!**



**SING-A-LONG
WITH LINDA!**



CLSA Activities



CLSA Activities



CLSA Activities



RON AND LAURA NOWICKI

Ron was born November 10, 1944 in Edmonton and had 4 brothers and 3 sisters. He went to school in Edmonton then spent most of his work life as a truck driver seeing the countryside from Alaska to California and beyond. He even operated snow ploughs on the ice roads.

Laura was born September 4, 1951 in Edmonton to a large family of 12! Some of her working life included Tri-Us Insurance, Stony Plain Credit Union and she also cooked and cleaned in homes for underprivileged families. She even worked in a health care for a time after getting her schooling in Edmonton. Hobbies she enjoys include knitting, playing games and watching plenty of sports!

Ron and Laura married on June 6, 1970 and they just celebrated their 53rd anniversary this past spring! Together they raised 1 boy and 1 girl and are proud grandparents to 5! They have done plenty of travelling and when retirement years were upon them they spent over 10 years as snowbirds in Yuma, Arizona.

Ron and Laura moved in just this past June and have settled in very nicely; making new friends and participating in lots of activities! We are delighted to welcome them to the Chateau!



In Memory of

We continue to send our thoughts and prayers to friends and family of loved ones lost.



Sylvia Golby



Emerson Phillips

Goodbyes are not forever. Goodbyes are not the end. They simply mean I'll miss you until we meet again.

