Lac Ste. Anne Foundation January 2025 Newsletter

SPRUCE VIEW LODGE

Diane Robbins -Site Manager

Whitecourt



Welcome to the year 2025- it is going to be a great year.

Last year feels like a whirlwind, 2024 has come and gone so fast. This year will be the perfect year to practice mindfullness and understanding.

I want to thank all of the staff for their dedication and hard work, all of the residents for their understanding and patience and the Whitecourt community for their support and inclusion. The residents and staff were able to celebrate together for Christmas and "Noon" years, which always brings us closer and fills the rooms with laughter. What a great group of people we have to surround ourselves with everyday!

We are going to be bringing back the Make Others Great for staff and residents this year- it was always such a great reminder to those people who "make others great" and really work hard to help those around them.

MEETINGS:

Lodge Meeting- January 15th Resident Meetings- January 8th

SPRUCE VIEW LODGE





THANK YOU FORTIS ALBERTA

Grant money received for new lighting at Spruce View Lodge



SVL STAFF



Welcome Shayla Medley to our team as a Health Care Aide! We are happy to have you on board as a casual staff member. Shayla started working December 23, 2024.

Shayla was born in Barrhead and raised in Mayerthorpe. Shayla has four brothers and two big dogs that she enjoys taking for walks. She has a passion for snowboarding, hiking and a love for new experiences. Every summer she travels to BC to visit her dad's family and enjoy exciting adventures.

She enjoys her job because everyone is helpful and kind to one another. We are happy that you find our team kind and supportive. Once again, a warm welcome to you, Shayla! May your journey with us be filled with growth and memorable experiences.





Clarissa Titong - Activities Coordinator HAPPY NEW YEAR!

Whitecourt

Wow! December was indeed a whirlwind of excitement and joy, making it the most wonderful time of the year! Let's recap the fantastic events that filled our hearts with cheer.

December 4th the students and teacher of the Hilltop High school photography class came in to volunteer their time to take pictures of our residents and the results turned out really amazing.

We were happy to welcome students from Pat Hardy School, including grades 1, 2, and 6-7, along with St. Mary's and St. Joseph's students. The activities were filled with fun, including board games, singing, cookie decorating, and Christmas story readings. A special thanks to the teachers for their outstanding efforts in making these visits so meaningful!

Our hearts were full with gratitude for the food sponsorships we received. Golden Delight for a delicious Chinese fusion. Eagle River Casino for a wonderful meal, staff and service. Mountain Pizza partnered with the Schaffer family in memory of Anne Schaffer, and KFC sponsored by the foundation. A big thank you to all our generous sponsors!

From the enchanting performances by Shining Bank & Rosedale Choir to the delightful piano sessions by students and teachers, our days were filled with music and joy. Special shout-out to Jenna Mae and her young piano students for entertaining us with their harmonious tunes!

We were touched by the generosity of Payton, Percy Baxter students, and the ladies from Whitecourt Farmers Market for their thoughtful donations of gifts for our seniors. Each gift brought smiles and warmth to our residents' hearts.





Our monthly Birthday party we had Edward Pimm as our entertainment. Belated happy birthday again to Cecilia, Find and Julie. Congratulations to our Best Door decoration Judy, June and Phillip. Congratulations to our door bingo winners; Find, Gay & Kitty.

We bid farewell to the year with a bang! The NOON New Year's party was a blast with countdowns, confetti poppers, toasts, and exciting games. The day ended on a high note with charcuterie cups and lots of laughter.

Thank you ALL for making December so magical! Wishing everyone a Happy New Year filled with love, laughter, and endless possibilities!

To stay informed, you can follow us on our Facebook page Spruce View Lodge

































































































































































































HAPPY NEW YEAR













happy new year!



PLEASANT VIEW LODGE





Pamela Lacaille -Site Manager

Mayerthorpe

Happy New Year! I hope you all enjoyed a peaceful and joyful holiday season. As we begin 2025, we're excited to continue providing the support and care that make our community a warm and welcoming environment. Looking back on 2024, we are so grateful for the memories we created together. It was a year filled with joy, growth, and meaningful connections, and we look forward to continuing that into 2025.

As we begin the New Year, we'd like to extend a warm welcome to our newer residents who have recently joined our lodge. We are excited to have you as part of our community and look forward to getting to know each of you better. Last month we welcomed Donna to the lodge.

With the colder weather upon us, please remember to dress warmly and take care when moving around indoors and outdoors. Our team is focused on making sure you stay safe and comfortable throughout the winter months.

As you may have noticed, the weather has led to icy conditions on our parking lot and the sidewalks downtown. We are working hard to keep our parking lot cleared and salted, but please take extra care when walking or driving, especially during freezing temperatures. Your safety is our top priority.

If you have any questions or concerns, please don't hesitate to reach out. We are always here to help and are looking forward to a year filled with health, happiness, and connection.

Wishing you all a healthy, safe, and happy start to the New Year!

The sewing club will be in the Community Centre January 18th.

We will be having a baby shower on January 20th at 1:30pm for Amy and Emma.

Meetings:

Friendship Club: January 21 at 10am

Staff: January 21 at 1:30pm

Resident Council: January 27 at 10:15am

PVL STAFF



Congratulations to our December

Make Others Great Award Winner

Lisa Swallow!





Dallys Crossland - Activities Coordinator

Mayerthorpe

Christmas is over and we are packing away our things for another year. It's funny how empty the house feels when all the Christmas decorations are taken down and put away.

We started out December with our Annual Christmas Tea with music by The Roy's. Last year we had to cancel this event due to outbreak so we were thrilled to be able to have it this year. We had Shining Bank and Rosedale Choir Groups come and preform for us, it is always so nice to have them come to do this for us each year. In addition to them we also had the school children come over several times to sing carols for us over the holidays.

David Pittet came back to PVL on December 15th to perform for us again. We always love having Johnny Cash in the building.

We had a Free Christmas Bingo in which there were many prizes to pick from. This was a lot of fun and I can't wait to do it again.

Thank you to our dear friends, Darlene and Annette who came in to put on a Christmas carol event for our residents on December 20th, the residents really enjoyed it!

We had a great New Year's Party as well, we had Edward Pimm come in the afternoon and perform for us and then in the evening we had cocktails in the Community Centre.

Christmas may be over but we are in full swing here at PVL. We already had our first bus trip of 2025 on January 3rd when we went to Whitecourt for shopping and lunch. We also started a series on Netflix called "A Man on the Inside" which is hilarious. I have a feeling we will be waiting for the next season of this show to start.

We would like to thank Mayerthorpe Value Drug Mart, Carpetown Interiors Whitecourt and Lac Ste. Anne County for their generous donations over the holiday season. We would also like to thank The Mayerthorpe Public Library and the Anselmo ladies, Marie, Angie and Rhonda who donated Christmas gifts for our residents. We appreciate all of your support!





We-would like to wish a very Happy Birthday to Sharon and Gerald and Gordon who all celebrated Birthdays in December.

Happy New Year! I am looking forward to another year filled with fun and excitement here at PVL!

Dallys Crossland, Pleasant View Lodge, Activity Coordinator









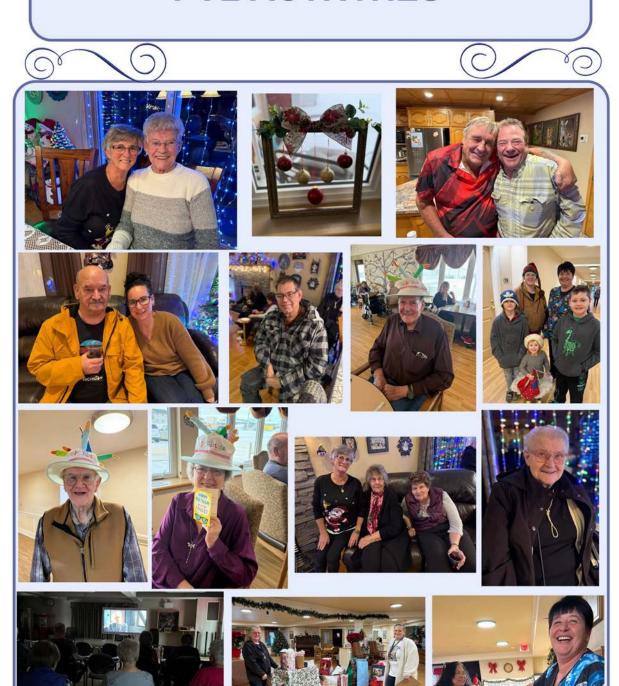
















BEST FRIEND































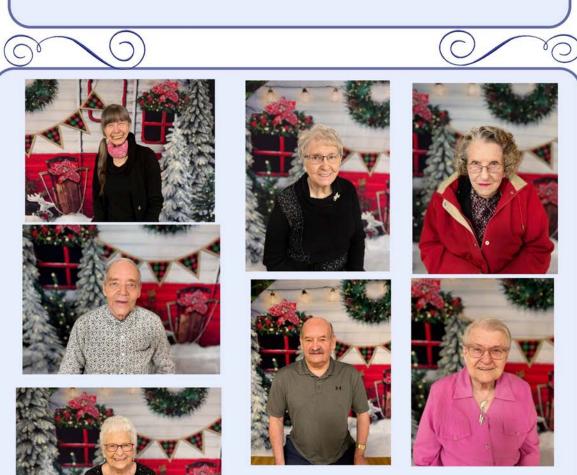


































EAST & CENTRAL MANORS





Brenda Young - Independent Living Manager

Happy New Year from the East and Central Manors!

I hope everyone had a wonderful holiday season. I know I laughed until my sides hurt and ate until my stomach hurt lol. Our tenants decorated our manors beautifully this winter. Thank-you to all those who pitched in!

Our weather has been all over the place! It has made driving and walking a challenge! Hopefully everyone is being super careful when out and about!

Just a reminder, as it is the New Year, we will be asking for your 2024 Tax Notice of Assessments starting in March. Please keep your eyes peeled for all your T4As and T5s, etc., and file your taxes in a timely matter.

Tenants have been reporting sightings of deer and moose around some of our manors. Please be mindful that they are beautiful to look at, but can be very unpredictable, so please be safe if trying to catch snapshots of them. Stray cats continue to be an issue at some manors. Please ensure you are not feeding them, nor allowing them into the building. If you want to help them, get a live trap and turn them into the local shelters so they can be fixed and hopefully re-homed.

Hoping you have a wonderful 2025!

Brenda Young

Knock, knock.
Who's there?
Radio.
Radio who?
Radio for a New Year!







CHATEAU LAC STE. ANNE





Tracy Nkonge - Site Manager





"January looks forward to the new year and back to the old year. He sees past and future." – M.L. Stedman

Hello from Chateau Lac Ste. Anne Lodge,

The Chateau was very busy in December. The Activities' department went above and beyond to make our holidays special. They even won the door decoration challenge with their creativity and beautifying.

We at the Chateau would like to thank everyone that contributed to sponsoring a resident as their secret Santa, and to all the families and friends of the Chateau who showed up to events, and who made the season special for our residents.

This month we would like to say "goodbye" to Barb and Orval. You will be missed greatly and we hope you do well in your future endeavours and in your new homes. On that note, we would like to welcome Eileen and Jean to the Chateau family. We look forward to getting to know you and your families, and we hope we can provide for you the very best services in our Lodge.

CHATEAU LAC STE. ANNE





We would also like to welcome our newest staff member, Kelly, to the Chateau team. We are so excited to have you on our Lodge Assistant and Cook teams. I know you will be a great addition.

I want to thank all of our staff who worked hard during the holiday season. We are grateful for your dedication to both the residents and your teams.

Happy New Year – we wish you a prosperous and healthy 2025.

Next Proposed Resident Meeting: February 5th, 2025. Next Proposed Staff Meeting: February 26th, 2025.

Tracy Nkonge Site Manager - CLSA



CLSA STAFF





Lucina Sibal

Hello, I'm Lucina! I came to Onoway from the Philippines in 2015 as a fast-food crew member at Burger Baron. Since moving to Canada I have only lived in Onoway; I find it more peaceful and a simpler life compared to the hustle and bustle of the city.

I am currently single but one day I hope to be married. It just so happens that I like to help other people and the best way to achieve my plan of marriage is to change my career. I just finished my Health Care Aide journey and have started here at the Chateau. Luckily, it was a good opportunity with my plan to help seniors here at the Chateau,

Thank you Lac Ste Anne Foundation for this wonderful opportunity!





Shauna Londeau - Activity Co-ordinator Linda fenske - Social Leisure Aide Onoway

Happy New Year! Here's to 365 new chances to be amazing!

On Dec. 9th the Darwell School choir came to the Lodge and put on a beautiful Christmas performance. We also had a nice visit from the Boy Scouts who sang a few songs then socialized with the residents and did crafts and coloring.

On Dec. 11th, Fashion Jewelry came to dazzle our residents and we were able to watch The Santa Clause movie.

On Dec. 13th we unfortunately had to cancel the Onoway Homeschooling student's visit as they were quite sick - instead we had our resident's vote on the best decorated door challenge put out by the Chateau's staff. With all the wonderful doors that were decorated, the Activity department won with a close vote; there were 23 votes and the Activity department won with 6 votes for their Olaf door! Second place was the Kitchen's gingerbread door and Jessie's North Pole door, tied at 5 votes each. It was a fun competition for all the staff to get involved in.

On Dec. 14th our local Fish & Game club came by to bring each senior a gift and play cards or crib with the residents.

On Dec 17th, Onoway Elementary School choir came to wow us with another beautiful Christmas concert. Not only did the choir come, but the classes of grades 2 through 7 came and delivered gifts for the residents they had sponsored through the Senior's Wish List Program. There were well over 100 students proudly gifting us their Christmas spirit!

On Dec. 19th the Little Village Daycare brought their children to perform a Christmas song; it was absolutely precious as these little ones are learning to perform and spread Christmas joy!





On Dec. 20th we had our Christmas tea with live entertainment from Jukebox Leigh; we had approximately 78 guests at the Christmas Tea. It was nice to see everyone sharing their time with their loved ones. During the tea, we also raffled off our Christmas basket which raised \$365! Thank you to everyone who purchased tickets and congratulations to Trudy who was our winner!

On Dec. 23rd Santa and his helper came to the Chateau to pass along a gift to all the residents and have a quick visit with each resident. Christmas Eve was absolutely spectacular with our FREE Christmas Bingo. The dining room was full with residents trying their luck! Those who won received a \$20 cash win and everyone who did not win got a consolation prize.

On Dec. 27th, Lac Ste Anne County generously sponsored our Tim Horton's Drive-Thru where we were joined by members of our local Fire Rescue International Unit. Finally on December 31st we wrapped up the month by having a New Year's Eve party with live entertainment from Gary Thomas and celebrated our December birthdays. Happy birthday wishes to Fernande, Georgina, Carol and a special milestone to Marina who made it into our 90's plus club!

Congratulations to Floyd for winning our lunchtime progressive bingo of \$36.00 and to Werner who won \$33.00.

The residents of the Chateau would like to extend a HUGE SHOUT OUT to all of the community members that contributed to the C.A.N (Communities of Alberta Networking for Seniors, Annual Seniors Wishlist). Your generosity was absolutely amazing!! That wraps up 2024! Cheer's to all the new memories in 2025!

Shauna & Linda



























































ADMINISTRATION



DONATIONS LIKE YOURS ARE ONLY MADE BY PEOPLE WITH BIG HEARTS AND KIND INTENTIONS.

We are incredibly grateful for the contributions that have been made & are continually made to our Lodges.

Your support is enriching lives and strengthening our community, thank you for thinking of our residents.

Wishing everyone a wonderful 2025!
"The New Year won't change your life; your actions in it will."

LSAF DONORS 2024

Alberta Beach St. John's Lutheran Church, Nora Gadoury, Marion Letourneau, D & S Meats Anselmo, Mayerthorpe Friendship club, Carolyn Dow, Super 8 Whitecourt, Alexander Safety Whitecourt, Ron & Laura Nowicki, Arthur Norum, Rotary club of Whitecourt, Anna Cierny, Ron & Carol Huntley, Eagle River Casino & Travel Plaza, Nicole Collyer, Pins & Pine Needles Quilt Guild, Servus Credit Union Itd., Friends of the Lac Ste. Anne Foundation, Lac Ste. Anne County, Lynn Shabada, Olive Saint, Matt & Lori Butler, Village Glass & Mirror, Wally's Bar & Grill Onoway, Mike Medey, Moose Country Chevron, Judy Skinner, Deep Creek Camping & Events, Ste. Anne West Crime Watch Society, Roberta Sargeant, Woodlands Pastoral Charge, George Boelcke, Onoway Bigway Foods, Mayerthorpe Value Drug Mart, Ingrid Boblin, Carpetown Interiors, June Harnum, Shirley Olson, Golden Delight, Kristen Blakeman, Christine Pellowe, Catholic Womens League, Mickey & Sylvia Krikun, Rick & Tracy LeBlanc, Lori Jones, Alberta Bus Sales, Marla Skinner, Percy Baxter School, Alberta Newsprint, ATB Bank, Beaver Creek, Brothers Diner, Echo Society, Fabutan, Farmers Market Whitecourt, Find Thomsen, Gay Sebo, Joyce Hahnekamp, Kay Corbett, KFC Whitecourt, Kika Dosuna, Karen Meynberg, Morgan Foote, Mountain Steak Whitecourt, Norma Alexander, Original Joe's, Payton Baxter, Phillip Bell, Pieces by Sharon, R & R Empowering Society, Rexall pharmacy, Rotary Club of Whitecourt, Schaffer Family, Sheila Warchola, Staples, Tim Hortons We apologize if we have missed anyone in the list above.

To see what your generous donations have provided for our lodges please go to www.lsaf.ca and view our Newsletters.

ADMINISTRATION

THANK YOU CANFOR FOR YOUR GENEROUS DONATION

