

Lac Ste. Anne Foundation

April 2025 Newsletter



EAST & CENTRAL MANORS

Brenda Young - Independent Living Manager

Happy Easter from East and Central Manors!

Hello all. Boy, Mother Nature can't make up her mind this spring! Leave it to her to dump more snow on us in spring than she did throughout the entire winter! At least it will help with our moisture levels. 😊

Are you aware, as a low-income senior you can have your tax return prepared for free by your local FCSS facility? Check it out if you're interested (Onoway, Mayerthorpe and the Lac Ste Anne County offices).

I see several of our tenants chomping at the bit to get gardening. Lots of plants have been started indoors. I am excited to see what kinds of flowers and veggies our tenants will try their hands at this year.

I hope everyone manages to find some Easter fun to participate in.

**Where do Easter Bunnies shop for a new tail?
The "retail" store.**

Have a wonderful Easter everyone!

Brenda Young



CHATEAU LAC STE. ANNE



Onoway

Tracy Nkonge - Site Manager



Hello from Chateau Lac Ste. Anne Lodge,

In spring, every day is a blooming good day! We are now officially in spring, and we cannot wait for our flower planter pots to start growing beautiful flowers. Last year's flower boxes were absolutely breathtaking – we cannot wait to see how this year's boxes will turn out.

We are having our annual Easter Dinner on a Monday this year – April 21st, in which we will have a delicious meal served to our residents and their families. Thank you to the Chateau employees, who work so hard to put on these special events; we hope our Residents and their families enjoy the menu, and their time with their loved one over the holiday.

We also have National Volunteer Week this month, starting on April 27th. I would like to thank all our volunteers – you all make a difference in the lives of our residents and we appreciate all that you do on your own time, and the gift you continually give us, of giving.

Next Proposed Resident Meeting: May 7th, 2025.

Next Proposed Staff Meeting: May 28th, 2025.

Tracy Nkonge
Site Manager - CLSA

CLSA STAFF



Whitney Lawrence

Hi! My name is Whitney and I have worked at the lodge for a total of seven years. My husband Joey and I have two children. Ava who is five years old and Weston who is three years old. In my spare time I enjoy barrel racing my two horses Tilly and Cowboy as well as running my small business selling Barrel Saddles and Western wear. I am so happy to be back at the lodge seeing so many familiar and new faces!



CLSA ACTIVITIES



Shauna Londeau - Activities Co-ordinator

March and April - that time of year when it is summer in the sunshine and winter in the shade!

On March 5th the Onoway Elementary School students came by to enjoy some time with our residents. We had a very busy main floor with shuffleboard being played while others enjoyed the giant kerplunk or a crib game. Some kids were able to sit down and just have some great conversations and learn a few lessons from someone who has a wealth of knowledge. A few boys were able to start the project of the constructing a human slot machine that we used for our St Patrick's Day event.

On March 7th we gathered and had a beautiful sing-along with Linda and Jeannette then, on the 11th, we held a magnificent painting class hosted by Niki Jacobsen that consisted of a step-by-step lesson on creating a hummingbird portrait. Each design was unique to each resident, and they all turned out amazing!!

On Friday March 14th we celebrated a Mexican Fiesta complete with drinks and snacks, music and silliness and Linda even showed the residents her photos of her recent trip to Mexico!

On the 17th we celebrated St Patrick's Day with shamrocks and shenanigans; enjoying homemade cookies and treats by Marion, some green juice and a super fun game of slots with our homemade casino "machine". Each resident was given a golden shamrock coin to "spend" on their spins for a chance to win some prizes! It was a great turn out and we had a ball!

Congratulations to Mary V on winning our St Paddy's raffle basket!

On the 22nd we were graced by an inspiring hymn sing with our local Little Giants from the Pathfinders.

CLSA ACTIVITIES



On the 25th we held our bi-annual treasure swap where residents were encouraged to clean out clothing and items that they no longer use to trade with others or donate to charity when done...a great way to upcycle and recycle! We ended March with our birthday party featuring the always popular Gary Thomas! We celebrated Mervin, Ivan, Audrey, Marcelle, Evelyn and Marnold!

Our most recent progressive bingo winners were Marion, Tom N and Ivan. A special thanks to Marion for donating back a portion of her winnings for the next jackpot. Our Thursday bingos have also been enjoying extra jackpots that have been donated by a very generous but anonymous resident! On the last Sunday of March, the residents were treated to some shopping with Treena's Finds.

Now here we are, well into April and the weather is finally co-operating! Many of our gardeners are anxious to get started in their flowerbeds! On April 2nd the Bel-Tone Hearing clinic was on site to do some cleaning and repairs. Our resident meeting was held on the 3rd then we rounded out the first week with yummy ice cream sundaes! On the 10th we had a fun spring/Easter craft with help and donations by our volunteer Theresa. These beautiful teacup arrangements all turned out stunning and original! On the 11th we drew the winner for our Easter basket raffle and the big winner was Floyd!

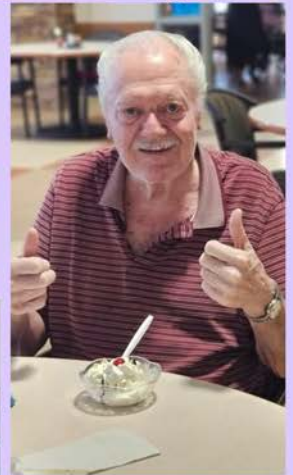
Congratulations and thanks to all who purchased tickets to support the Activity Department. We rounded off the week with another sing along with Linda and Jeannette. Coming up for the rest of the month we will have plenty of games and activities, pet therapies with our favorite pooches Oliver and Boom, plenty of Saturday volunteer bingos, mobile voting station on the 28th and more!

The last week of April is volunteer appreciation week and we here at the Chateau have some of the best; so please do make sure when you see them that you give them extra thanks and kudos for all they do for all of us. Until next time, enjoy the sunshine when it shines, the rain when it cleanses and nourishes and everything in between that we are so blessed to observe!

CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



fun
and GAMES



CLSA ACTIVITIES



CLSA ACTIVITIES



CLSA ACTIVITIES



PLEASANT VIEW LODGE



Pamela Lacaille - Site Manager

Mayerthorpe

Hello everyone, and welcome to April! Spring is here, and with it, a sense of renewal and growth is all around us. April is a month of change, and we're ready to embrace it!

It is with a heavy heart that we say goodbye to Mary D., who passed away. Mary was a cherished member of our community, and we will always remember her kind spirit. Our thoughts are with her family, and we will continue to keep her in our hearts.

We want to give a warm welcome to Anita, who moved in with us at the end of March. We are so excited to have her join our community and look forward to getting to know her better. Anita, we're so happy to have you here!

Upcoming Events:

- Friendship Club Meeting** – April 14th at 10am
- Staff Meeting** – April 15th at 1:30pm
- April 18th** – Good Friday
- Please note that there will be no taxi service, and the office staff will be off.**
- April 21st** – Easter Monday-The office staff will also be off on Easter Monday.
- Sewing Club** – April 19th in the Community Center
- Easter Sunday Meal** – April 20th
- Earth Day** – April 22nd
- Celebrating Volunteers at Monthly Birthday Party** – April 25th

To honor Volunteer Appreciation Week, we will be celebrating all our incredible volunteers at the Monthly Birthday Party on April 25th. Please join us as we express our gratitude and celebrate the hard work and dedication of those who give so much to our community. It's a wonderful chance to say, "thank you" and enjoy some birthday fun together!



EASTER



PLEASANT VIEW LODGE



•Volunteer Appreciation Week – April 27-May 3

April is Volunteer Appreciation Month in Alberta, and we want to take a moment to recognize and thank all of the wonderful volunteers who help make our community stronger. Your dedication is truly appreciated. Thank you for your kindness, generosity, and the positive impact you have on all of us.

•Resident Council Meeting – April 28th at 10:15 AM

Come join us for our monthly meeting to discuss upcoming plans and events.

•Resident Voting – April 28th from 1pm-2:45pm in the Family Dining Room. Please see Pam or Jackie to sign up.

If you ever have any ideas or questions, please don't hesitate to reach out. Your thoughts and feedback are always appreciated!

Wishing you all a joyful, peaceful April filled with warmth and new beginnings.



PVL STAFF



Congratulations to our March
Make Others Great Award Winner
Tracey Law!

PVL ACTIVITIES



Dallys Crossland - Activities Coordinator

Mayerthorpe

Spring is finally in the air! I can't wait for some sunshine and warm weather!

We celebrated our St. Patrick's Day Party on March 17th. Thank you to John Baxter, his wife, Mabel, and Miss Windi for coming it to put on a St Patrick's Day show for us. It was very fun!

We have been continuing to enjoy our Readers are Leaders program while it is going on. We run the program until the middle of May and then we have to wait until next school year to do it again. I feel this program is beneficial to both residents and students alike.

We have had two Tim Horton's events since our last newsletter. We had one on March 21st where Wendy Lemky came in to play the piano while everyone had their coffee and donuts. Then April Birkbeck seen the post about it on Facebook and reached out to me to ask if she was able to donate an event as well and said that she just loved how happy the Tim Horton events make the residents. I already had the April calendar booked but we were able to squeeze in another Tim Horton's Day on April 4th. Thank you to April Birkbeck for the donation. I would also like to thank Sylvia and Mickey Krikun for always coming in to help me with these events. They are wonderful volunteers.

We went on a bus trip to Whitecourt for shopping and lunch on March 24th, as usual it was a great time.

On March 28th we had Edward Pimm come in and perform for us for our March Birthday Party. It's always a pleasure having Edward come and perform for us. We have all watched that young man grow up right before our eyes and it is nice to see him blossom into the artist he is. We look forward to watching what is to come for him as well.

We would like to wish a very Happy Birthday to Elsie, Leonard, Joe, Ellen, Sue and Don who all celebrated Birthdays in March!

Dallys Crossland , Pleasant View Lodge, Activity Coordinator

PVL ACTIVITIES



PVL ACTIVITIES



PVL ACTIVITIES



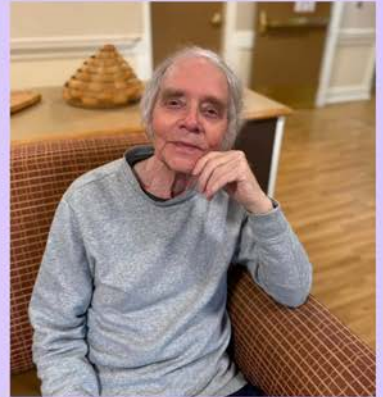
PVL ACTIVITIES



PVL ACTIVITIES



Cup of Joe



SPRUCE VIEW LODGE



Diane Robbins - Site Manager

Whitecourt



Welcome Spring!

We have the sunshine coming through, and warm weather looks like it is here to stay.

This month we are celebrating Easter and our wonderful Volunteers.

Volunteer Week runs from April 27th - May 3rd; a special Tea will be in honour of our Volunteers on April 28th to say Thank you for all that they do in our Community.

Good Friday lands on April 18th and Palm Sunday will be on April 21st, residents will get to enjoy some delicious Turkey and Fish on Good Friday.

Our MLA Martin Long, and Board member Jeremy Wilhelm will be joining us for lunch at Spruce View on April 24th.

Panagao Pizza has graciously offered to provide pizza to all residents and staff on April 25th to celebrate our Lodge Appreciation Day!

MEETINGS:

Lodge Meeting- April 16th

Resident Meetings- March 12th

SVL ACTIVITIES



Clarissa Titong - Activities Coordinator

Whitecourt

March has been a month of challenges and memorable moments at the lodge. Despite the outbreak in mid-March, we found ways to have fun while remaining safe.

For our Travel Tuesday, Whitecourt Library took us on a virtual journey to the fascinating country of Bhutan, where we learned about its rich culture. We also visited Turkmenistan and marveled at its breathtaking white marble architecture.

We always enjoy the visits of Pat Hardy, Grade 1 students, who entertain us with their singing, piano playing, and games. Our very own resident, Joyce, and her daughter Anne, taught Grade 5 students finger crocheting, it was a touching time where they enjoyed each other's presence. Additionally, students from Percy Baxter brought crocheted "worry worm" friends and spent time playing games with our seniors.

We were honored to have Whitecourt Mayor Tom join us for an afternoon filled with laughter, interaction, and delicious food, giving us a chance to know him better.

Our cooking shows featured a Pistachio Cream Pie and Cheesy Tacos, which were a hit among the residents, who enjoyed every bite.

Ladder ball and Poodle Noodle volleyball brighten our days, creating memorable moments of fun and laughter.

We celebrated St. Patrick's Day with an entertaining performance by Ron Little, who sang Irish and Western songs. We also enjoyed Shamrock shakes and green beer, overall, it was a lovely afternoon.



SVL ACTIVITIES



We are delighted to share that two of our beloved residents, Shirley and Jurgen, were featured on the front page of The Press newspaper. Their stories which ranged from the past to the present, captivated readers with details about their lives and experiences. Being surrounded by such amazing individuals makes us incredibly proud.

Congratulations to Anne for winning Door Bingo, Donna for winning the March raffle basket, and Gay for receiving the Making Others Great award.

Despite the challenges we faced this month, we remained optimistic and managed to have fun. Let us stay safe, positive and connected as we prepare for more exciting adventures this spring ☐



cherished
memories



SVL ACTIVITIES



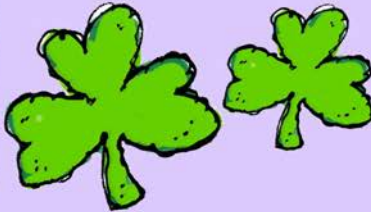
SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



ST. PATRICKS

SVL ACTIVITIES



SVL ACTIVITIES



ADMINISTRATION



**THANK YOU
&
HAPPY LA & LAUNDRY
APPRECIATION DAY!
APRIL 25, 2025**



**"Your dedication to your role and the team is an inspiration to us all.
Your hard work, day in and day out, doesn't go unnoticed. Thank you for your
consistent efforts!"**

Sylvia Bonnett - Operations Manager