



Lac Ste. Anne Foundation

May 2025 Newsletter

Diane Robbins - Site Manager

Whitecourt



This month will be great, we have some beautiful weather coming our way; however I think its time that mother nature gifted us some much needed rain.

As many of you are aware there have been some fires in the Edmonton areas; we have been consistently updating our Wildfire Preparedness Plan at the Spruce View Lodge. In the event that our Lodge/ Whitecourt gets evacuated and you will be leaving with family during the evacuation please let the Site Manager, Diane know right away.

Our spring window cleaning was done on May 12th, and our grounds maintenance/ contractors have already begun with their lawn and garden care.

Our apple and plum trees are in full bloom and look so beautiful in the courtyard.

Sadly we said goodbye to Arline St.Martin who has moved out of our lodge. Arline has taught us so much about patience, compassion, and understanding. We hope she will continue to come up and join us for the parties and dancing.

We welcomed a beautiful new lady from the community- Elaine Retzlaff; although she may have been nervous to move in at first, she has jumped right in and has already made so many new friends.

MEETINGS:

Lodge Meeting- May 21st

Resident Meetings- May 14th



SVL ACTIVITES

Clarissa Titong - Activities Coordinator

Whitecourt

Another month has come and gone! Despite the challenges of an outbreak in mid-April, we were able to find joy and make the most of the month.

April 5th, we went on a casino trip which was a success once again, with delicious food, vouchers, and excellent service. A special mention goes to Eris the General Manager, his presence always adds a touch of warmth to our visits.

On April 11th, students from Hilltop came to visit and added fun and excitement to our day with friendly board games.

For our Travel Tuesday, we discovered Thailand which is known as the "Land of Smiles," which offers a unique blend of culture, history, and natural beauty. From bustling cities like Bangkok to serene beaches in Phuket, there's something for everyone. The rich history, evident in ancient temples and palaces, captivates history buffs. Food lovers can't resist the mouth-watering street food, featuring dishes like Pad Thai and Tom Yum.

On April 24th, Jeremy our Woodlands Board Member and MLA Martin Long joined our residents for lunch, while sharing laughter and insights with them.

Sandra Krischuk was featured in The Press newspaper, reflecting on her life now and in the past. Way to go Sandra!

For our birthday party we had Iris Tuftin as our entertainment. Mayor Tom Pickard came in to personally greet our birthday celebrants, Gay, Ethel, George and Arline. Congratulations to Stephanie on being our "Make Others Great". We congratulate Sheila on winning both jackpot prizes in our special bingo event and door bingo.





April 30th was our shopping trip to Walmart and the new Dollar Tree.

Thank you ALL who made April a memorable month. Let's look forward to more exciting events and activities in the upcoming months.



SVL ACTIVITES





SVL ACTIVITES



SVL ACTIVITES



SVL ACTIVITES





EAST & CENTRAL MANORS

Brenda Young - Independent Living Manager

Happy Father's Day and Beginning of Summer!!

Wow! Once again, our poor province is in sad shape with regards to moisture. Do you have an Emergency Go Bag packed? Do you have a plan of where you might stay if you were to be evacuated? Please consider having these plans in place, as situations can change so quickly. Keep in mind, if evacuated, you are required to check in at the assigned check-in location, so emergency services know you are safe and accounted for. Let's pray that we don't actually have to deal with this!

I hope everyone was able to spend time with their loved ones for Father's Day. Do you have a favourite place to go, or a favourite meal you like to have? My Dad's was roast beef with Yorkshire pudding and buckets of gravy. Lol

Suite inspections will be conducted soon, so please keep your eyes open for the notification. If you have a deck, stand back and take a look. Is it clean and tidy with no bags of garbage or bottles? Are your plant pots neat and not overrunning the space or spilling over onto the lawn? If not, please work on getting it tidied up..

We have been receiving numerous complaints about stray cats at our buildings. Ask yourself; "Am I contributing to the problem by feeding them?" I know it seems harmless, and you want to help them. Your lease agreements specifically state "no feeding animals and no pets allowed". If they aren't being fed/sheltered, they will move on to somewhere better. If you truly want to help them, capture them and turn them over to a rescue society.





EAST & CENTRAL MANORS

It is so wonderful to see the flowers all in bloom and thriving! I love the creativity people have with their planters ;).

Just a reminder to all, rent changes with take affect July 1st. If you are a cash/cheque tenant, please ensure you adjust your payment to reflect the new amount.



What did the electrician do to his misbehaving son?

He grounded him.

Have a great month!
Brenda Young



CHATEAU LAC STE. ANNE

Tracy Nkonge - Site Manager

Onoway



"To the world you are a mother, but to your family, you are the world." – unknown

Hello from Chateau Lac Ste. Anne Lodge,

Mother's Day is just around the corner. At the Chateau we will be celebrating Mother's Day with a tea event held on May 9th. To all the mothers, whether staff or residents, we are celebrating you and your stories. You have all sacrificed, provided for, loved, and cherished your children. You have earned the most honorable title in the world - Mom. Thank you for all you do.

With the dry season coming upon us, wildfires have already started. We will be doing a full site evacuation this month to prepare our staff for a circumstance of a fire getting too close to home. Site preparedness is very important to the Lac Ste. Anne Foundation, and we are doing our very best to keep all staff and residents safe in the event of any emergency.

We would like to say "goodbye" to Ruth, who has lived with us since 2013. We hope you enjoy your new accommodations and being close to your family. You will be missed by your Chateau family! We thank you for always showing up with your beautiful presence and your continuous smile. May God bless you in your future endeavours.

Next Proposed Resident Meeting: June 4th, 2025.

Next Proposed Staff Meeting: June 25th, 2025.

Tracy Nkonge
Site Manager - CLSA



CLSA RESIDENT



Eileen Tiedeman

Eileen was born in Calgary and raised in Airdrie, Alberta. As a child Eileen was the local paper girl; she delivered the Calgary Herald by bicycle so she knew everyone in Airdrie. Her first real job was a dishwasher and potato peeler at the local ESSO gas station restaurant.

She graduated school in 1958, then moved in with her grandma in Vancouver to go to Vancouver Vocational Institution, where she took a secretarial course that she utilized in law firms doing various jobs.

Eileen met the love of her life on a blind date, it went so great that she went to his hometown in Shaunavon, Saskatchewan to meet his family which soon became her hometown. Eileen married in 1963, raised 2 boys, and now has 2 grandchildren, and 1 great grandchild.

Eileen was very close with her late sister and as they became older, they became closer; just a few years ago they took some amazing trips to Nashville and Mexico, making great memories to last a lifetime.

Eileen has been at the Chateau since January and is fitting in great, making new friends. She is a welcomed addition to the Chateau family.



CLSA ACTIVITES

Shauna Londeau - Activities Coordinator

Onoway

Does February march? No, but April may!

On April 9th the grade 6 and 7 students from Onoway Elementary school came for an afternoon visit to play cards, shuffleboard, puzzles, kerplunk, and bean bag toss. This is always such a great visit as all the residents get to play their favorite game(s) with the students.

On April 14th and 15th Tracy and Shauna attended the Lodge Activity Coordinators Association of Alberta (LACAA) Convention in Red Deer. During this conference we were able to sit in on some great presentations and get some fantastic new craft ideas; since the conference, we have already rolled out some of these crafts at the lodge! On April 16th our Conservative candidate Michael Cooper came to the lodge and held a meet and greet with the residents where he presented his party's plans and then opened the floor for discussions and questions.

On April 25th we celebrated our Birthday Bash with Trace Jordan. Trace Jordan is local to the Alberta Beach area, and he impressed us with his spectacular show. We will most definitely be inviting him back for future performances. Happy birthday wishes again to Carmen, Jean, Colin, and Tom K.! We also celebrated Lodge Assistant Appreciation Day in April - we are so grateful for the team that we have here!

On April 28th our residents had the opportunity to have their voices heard with our Mobile Voting Station. Elections Canada attended the lodge so our residents would not have to go out to vote.

We wrapped up the month with a movie matinee, "The Secretariat", while enjoying some iced tea and delicious popcorn.

On May 1st we celebrated with all our wonderful volunteers. We have such an amazing group of volunteers that come to our lodge and share their precious time, resources, and love with our residents. Each volunteer we have contributes to making valuable impacts on our residents' lives. Thank you to those volunteers that had the opportunity to join us for our luncheon; and to those that couldn't make it, we still celebrated you from afar!



CLSA ACTIVITIES

May 2nd the Rich Valley Elementary School students of Grades 1 and 7 came for a visit. The little ones put on a performance of "Going on a Bear Hunt" and the grade 7's performed "Here Comes the Sun", by The Beatles. Both performances were beautiful and heartwarming! After the performance, the students took extra time to play crib, color, read, and do puzzles with the residents. Every one of the students were so polite and had great interactions - the school and families should be very proud of their children.

On May 9th we held our Mother's Day Tea where we celebrated mothers. So many family members came to visit with their mom. The activity department made rose corsages for every mother in the Lodge to make their day extra special. For entertainment, we had some beautiful piano music played by Marilyn Alexander, who was the music teacher at Darwell school. Marilyn loves to volunteer her time here at the lodge because she knows so many residents from the Darwell area.

Thank you to everyone who purchased tickets for our Easter raffle basket, this raffle raised \$293, and Floyd was our lucky winner. The Mother's Day raffle basket was able to raise \$579, and Fay was our lucky winner. A big thank you to an anonymous donor who purchased 5 raffle tickets for every lady resident here at the Chateau!! We are very grateful for all the support of our fundraisers.

Congratulations to our recent progressive bingo winners - on April 14th Carol and Audrey both won \$19.50, and on May 6th Gordon won \$33.

Enjoy the summer months as we all know the season is short and seems to fly by fast.





CLSA ACTIVITIES



happy
birthday
to you





CLSA ACTIVITIES





CLSA ACTIVITIES





ADMINISTRATION

LACAA Conference



Manager H & S Training



VOLUNTEER APPRECIATION APRIL 20 – 26, 2025

In this month's newsletter we are shining the spotlight on our wonderful volunteers! Each of our lodge sites held a volunteer appreciation event to show their appreciation, without these unsung heroes, numerous programs, events, and initiatives would simply not be possible.

I wanted to take a moment to express my deepest gratitude for your tireless dedication to our lodges and the residents we serve. Your unwavering commitment and enthusiasm have been truly inspiring. The impact you've made on our organization and those we serve is immeasurable. Thank you from the bottom of my heart for being such an integral part of our team

Sylvia Bonnett, Operations Manager





PLEASANT VIEW LODGE

Pamela Lacaille – Site Manager

Mayerthorpe

Hello everyone, and welcome to May!

The blossoms are blooming, the days are getting longer, and there's a buzz of energy in the air. May is a time for celebrating the beauty of spring, reconnecting with nature, and enjoying all the little moments.

As we look forward to a new month, let's continue building our strong, supportive community. Whether you're attending events, lending a helping hand, or simply sharing a smile in the hallway, you are part of what makes this place so special.

Upcoming Events:

- Mother's Day Tea – May 9th at 1:30 PM

Join us in the Community Center for tea, treats, and a celebration of the wonderful mothers and mother figures in our lives.

- May 12th-Annual Fire Alarm Inspection at 9:00am-

They will need access to all the resident suites and will also be ringing the bells several times at the facility.

- Friends of The Lac Ste. Anne Foundation Meeting – May 15th at 10:00 AM

- Victoria Day – May 19th

Please note that the office staff will not be here on this day. Enjoy the long weekend!

- Staff Meeting – May 20th at 1:30 PM

- Friendship Club BBQ-May 23rd

- Sewing Club – May 24th in the Community Center

- Resident Council Meeting – May 26th at 10:15 AM



PLEASANT VIEW LODGE

- New Horizon Grant for IT Training-Know it Sooner Computer Training-Free Hands-on Sessions for Seniors-Smartphone training.

oMay 26th -1:30pm-3:30pm

oMay 27th 9:15am-11:15am

A Note of Gratitude

Thank you to everyone who made Volunteer Appreciation Week such a success. The support, kindness, and generosity you all show continue to inspire us every day!
Wishing you all a beautiful May filled with sunshine.





PVL STAFF



Congratulations to our April
Make Others Great Award Winner
Jane Relucio!



PVL ACTIVITIES

Dallys Crossland - Activities Coordinator

Mayerthorpe

Summertime is finally here, and I'm looking forward to soaking up as much sun as I can! We enjoyed two "Card Making with Leanne" classes—one on April 7th and another on May 6th. These classes are always so much fun! I love that the cards are quite easy to make, yet they always look very eye-catching when finished. They truly look like they were made by a pro!

We're quickly approaching the end of our Readers Are Leaders program for this season. The final group will visit us on May 14th to read before taking a summer break. We're already looking forward to seeing them again next school year.

Pieces by Sharon returned in April as well. It's so nice to have shopping set up right here at home for everyone to enjoy. She always brings such lovely items! I was actually away when she visited this time, which might have been a good thing, as it probably saved me some money!

We had a painting class with Niki on April 14th. Niki does a fantastic job setting up a relaxing and enjoyable painting event for the ladies.

I'd also like to thank Iris Tuftin for performing for us on Good Friday. This is the second year in a row she's come over Easter weekend to put on a wonderful show. This year, she brought her niece Elsa along as well!

In Arts & Crafts, we made epoxy picture frames this past month. Each of us brought a photo to use in our project, which we encapsulated in epoxy, along with creating a matching epoxy stand. They all turned out amazing! This was a two-day project, and I want to thank everyone who signed up and joined me, it was a lot of fun!





PVL ACTIVITIES

On April 25th, we had scheduled a performance by Sunset Country – The Roys, but unfortunately, poor Luci broke her foot and wasn't able to join us at the last minute. Thankfully, Edward Pimm came to the rescue! He even skipped school for a couple of hours to perform for our monthly Birthday Party, which also served as our Volunteer Appreciation Event. A big thank-you to Edward and his family for stepping in and helping us out!

We kicked off May with a presentation by Martyn Chapman titled Adventures in Africa. I'd like to thank Martyn and our local public library staff for helping bring this presentation to PVL. Congratulations to Kathy K., who won our Easter Raffle Basket—way to go, Kathy! And finally, we'd like to wish a very Happy Birthday to Ingrid, Gert, and Randy, who all celebrated birthdays in April!

Dallys Crossland
Pleasant View Lodge, Activity Coordinator





PVL ACTIVITIES





PVL ACTIVITIES



quilting bee





PVL ACTIVITIES





PVL ACTIVITIES





PVL ACTIVITIES





PVL ACTIVITIES





PVL ACTIVITIES



VOLUNTEER

