

LAC STE. ANNE FOUNDATION

June 2025 Newsletter

SPRUCE VIEW LODGE

Diane Robbins - Site Manager

Whitecourt



Its almost unbelievable that we are already half way through the year. We are celebrating Seniors Week June 2nd-6th, there are many exciting events happening around the communitiy and at our lodge.

There has been so much community support this Seniors Week and we are so grateful for everyone.

The first day of Summer is on June 21st, lets continue to hope and pray for rain, along with anyone who has been affected by the fires and or already evacuated from their homes.

Our Seniors IT Computer Training Courses for the summer have begun, all seniors in the community are more than welcome to join in the learning.

Our Lodge Service Coordinator and Activties Appreciation Day is on June 20th; huge shout out to the staff working in these departments!

MEETINGS:

Lodge Meeting- June 18th

Resident Meetings- June 11th



SVL RESIDENT



Sheila Vanderwolf, born and raised in Edmonton on October 4th. She has five wonderful children, three of whom live here in Whitecourt.

Sheila has lived in Whitecourt for 35 years and worked at Blue Ridge Lumber. Sheila enjoyed working there, from stacking lumber on the green chain to earning a position as a supervisor.

In her precious moments, Sheila finds peace in creating beautiful flower arrangements, exploring the great outdoors on horseback, and savoring the delicious flavors of Mountain Pizza. She is a true fan of Western music concerts and looks forward to the summer season so she can immerse herself in the melodies she enjoys.

Sheila's life philosophy is simple but profound: "Be kind to others and treat them well."



SVL RESIDENT



Elaine was born on October 8th in Whitecourt, Alberta and is a loving mother of four boys who all live in Whitecourt.

For nearly a decade, Elaine dedicated herself to working at Walmart, finding happiness in assisting and connecting with people. Her kind spirit and helpful nature left a lasting impression on those with whom she interacted.

Elaine found solace in visiting her sister in Mexico, where the serene beaches, wonderful cuisine, and lively company lifted her spirits. Walking along the beach with her sister was her favorite activity that brought them closer together.

Elaine enjoys spending time with her son's furry friend, Epic. She considers them a man's best friend, adding warmth and comfort to her days.

Elaine shares a wise insight with everyone she meets: "Always approach life with kindness and gratitude. Accept each moment with joy and appreciation, for the most beautiful things in life are the simplest pleasures."



SVL ACTIVITIES



Clarissa Titong - Activities Coordinator

Whitecourt

The month of May was filled with camaraderie, celebration and new experiences that left a wonderful memory.

We started off with our annual bake sale and bottle drop off. We sold cinnamon buns and baked potatoes, bringing together residents and visitors to enjoy these delicious treats. Not to mention, some residents displayed their crochet creations and Kleenex holders, which added a touch of homemade charm to the event. The bake sale was an unquestionable success; thank you to everyone who donated and helped raise funds!

As we celebrated Mother's Day, our residents were treated to a truly memorable afternoon. Featuring Eileen Rytons' harp music; Petals Plus generously donated flowers to all the mothers, symbolizing love and gratitude.

In mid-May, we took a trip to Barrhead, which was both long and enjoyable. From exploring the lush greenery of a local greenhouse to doing some retail shopping, every moment was treasured!

On May 23rd, we went shopping using a wheelchair-accessible bus. We had a good time despite the small size of our group.

Joanne from Know It Sooner is back with another computer program, this time focusing on general smartphones and providing residents with valuable insights and knowledge.

Travel Tuesday took us on a journey through Portugal's captivating beauty and rich culture, thanks to the Whitecourt Library. Participating in a trivia game that tested our geographical knowledge and quick thinking to enjoying a harmonious sing-along and a resident's piano performance, it was a very productive day.



SVL ACTIVITIES



The cooking show featured “Bruschetta” a famous Italian appetizer, and it was a hit with residents and staff another taste to remember. In an information session, AHS discussed the significance of oral and denture care, teaching us to prioritize our dental health and well-being.

For our monthly birthday party, we had The Baxters entertain our residents, and Mayor Tom personally greeted our birthday celebrants. Congratulations to our Make Others Great Phillip for the month of May, Sheila W. for winning the quilt blanket, and Marilyn for winning the door bingo.

Finally, we want to express our heartfelt gratitude to everyone who helped make May an extraordinary month of connection, learning, and joy.





SVL ACTIVITIES





SVL ACTIVITIES





SVL ACTIVITIES





SVL ACTIVITIES





SVL ACTIVITIES





SVL ACTIVITIES





CHATEAU LAC STE. ANNE

Tracy Nkonge - Site Manager

Onoway



Hello from Chateau Lac Ste. Anne Lodge,

We are officially 6 months in to the year, and we have Father's Day to celebrate this month. At the Chateau we will be celebrating Father's Day with a Father's Day Fiesta. To all the fathers, we are celebrating you and your stories. You have all sacrificed, provided for, loved, and cherished your children. You have earned the most honorable title in the world - Dad.

We would like to say "goodbye" to Colin. May God bless you in your future endeavours.

We would like to send a warm welcome to both Ted and Marian, our newest residents to the Chateau family. We are so excited to have you a part of our Lodge's residents, and we hope you both enjoy your new home – as we enjoy having you both here.

We would also like to welcome some new staff to the Chateau; we have onboarded Mylie, Mia and Shayla this month. We look forward to the impact all of you will be having on our resident's lives, and we already love your positivity and contributions to your team (s).



CHATEAU LAC STE. ANNE

At the end of May we completed a fire evacuation drill with all residents. We thank everyone who participates in these drills; I was taught recently, that sites who do constant education with their teams and residents, have a way better success rate in the event of a real emergency than sites that do not regularly practice. For the safety of staff, residents, and visitors, I am so impressed by the Chateau's willingness to participate in these drills.

Finally, I want to thank the Oneway Royal Canadian Legion Branch 132 for their generous donation of funds to provide our residents with a brand-new Natural Gas BBQ. Our residents have been requesting a BBQ for a while now, and your donation has made them so happy. We are so grateful for support from our community, especially when it has a direct impact on the lives of our residents. We thank you very much for considering our request and funding our sites BBQ. We are so grateful for your support.



Welcome to the first days of Summer and we hope to be enjoying our new BBQ and having some fun times ahead with our residents!

Next Proposed Resident Meeting: July 2nd, 2025.

Next Proposed Staff Meeting: July 30th, 2025.

Tracy Nkonge
Site Manager - CLSA

Shauna (Activity Coordinator for CLSA) accepting cheque from the Oneway Legion





CLSA ACTIVITIES

Shauna Londeau - Activities Coordinator

Onoway

As May flowers fade, June sunshine blooms – bringing new adventures and brighter days!

On May 13th our residents planted and arranged Tree of Life succulent pots. Each pot symbolizes growth, connection, and renewal. The vibrant greenery now brings a touch of peace and purpose to our space.

On May 15th we made some beautiful suncatchers. Each unique design captured the warmth and color of spring. On May 16th we were treated to an unforgettable performance by a very talented 15-year-old singer Edward Pimm. His live music was absolutely amazing; I believe we got to meet an upcoming country star!!

On May 20th, we gathered and played Pictionary; laughter echoed through the room as Linda and I drew the clues and the residents yelled their guesses. On May 23rd, we had Pub and Crib Club with good company and friendly competition at card games, conversation, and a relaxed pub-style vibe - it was the perfect way to kick back and enjoy time together.

On May 27th we started wrapping up the month on a high note with our amazing sing-along led by the always wonderful, Linda and Jeannette. Their energy, talent, and familiar tunes had everyone clapping and singing along – a truly joyful gathering that warmed every heart in the room.

We wrapped up the month on May 30th with a festive Birthday Bash celebration with residents Diane, Mildred, Arnold, and Laverne! With lively music performed by the incredible Dahlia Wakefield, the room was filled with joy, music, and heartfelt cheer. It was a wonderful afternoon celebrating another year around the sun. support. It was a great start to our journey into the digital world.





CLSA ACTIVITIES



We had a fantastic time celebrating Seniors Week with a variety of exciting events and heartwarming moments. We kicked things off on June 2nd with Jukebox Leigh, who had everyone singing and even dancing. The fun continued June 3rd with a new vendor to the Chateau, Unique Beading, followed by a very special first at the lodge – pet therapy featuring a beautiful palomino horse named Pal and his handler Deb.

On June 4th, residents were treated to Tim Horton's drive-thru right at the lodge, generously supported by Lac Ste Anne County. The following day, June 5th, brought excitement and laughter with our FREE bingo – complete with cash prizes for our lucky winners. We wrapped up a memorable week on Friday, June 6th with a delicious treat from the Whole Scoop – the perfect way to celebrate our amazing seniors!

A gracious thank you to Honey's green house who donated some of our beautiful hanging flower baskets!

Congratulations to our recent progressive bingo winner Audrey who won \$36.00.





CLSA ACTIVITIES





CLSA ACTIVITIES





CLSA ACTIVITIES



i love ice-cream





CLSA ACTIVITIES



I love to dance



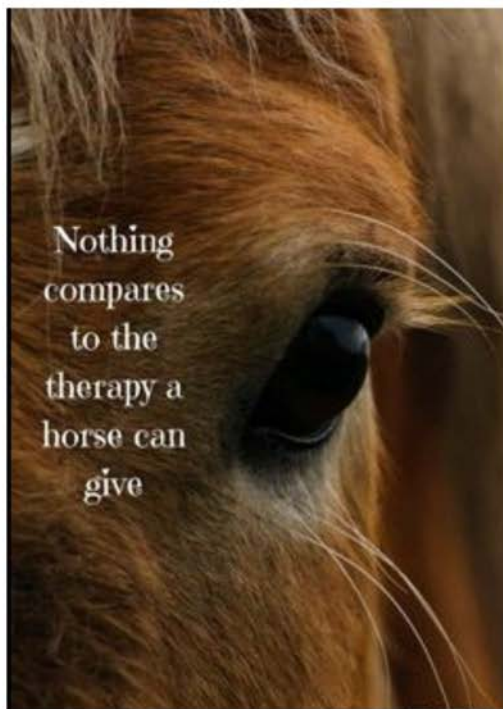


CLSA ACTIVITIES





CLSA ACTIVITIES





PLEASANT VIEW LODGE

Pamela Lacaille - Site Manager

Mayerthorpe

Hello everyone, and welcome to June!

Celebrating Seniors' Week – June 3rd to 7th

What a fantastic Seniors' Week we've had! Thank you to everyone who joined in the celebrations, shared laughs, and made it such a memorable time. Our community truly shines because of each and every one of you. A big shout-out to our Activities team for organizing a week full of fun—stay tuned for their event highlights!

Summer is just around the corner, and with it comes sunshine, fresh air, and plenty of reasons to smile. June is a wonderful time to enjoy the outdoors, connect with one another, and celebrate all the big and small moments that make life here so special.

This month we lost our long-time resident Carrie A. She had lived at the lodge since 2012. She was such a sweet, positive lady who could spend the day playing crib. She was very independent her entire life and always had a beautiful smile. She spoke of her grandparents owning the first taxi in London, and her teaching career here in Mayerthorpe; what an amazing lifetime to have experienced. She will be greatly missed.

Upcoming Events:

- **Father's Day Celebration** – June 15th at 1:30 PM
- **Know it Sooner** – Free Smartphone & Tech Training Sessions for Seniors
Hands-on help with your devices, offered through the New Horizon Grant.
- **June 16th – 1:30 PM to 3:30 PM**
- **June 17th – 9:15 AM to 11:15 AM**
- **Staff Meeting** – June 17th at 1:30 PM





PLEASANT VIEW LODGE

- **Activities and Lodge Service Coordinator Appreciation Day** – June 20th

Celebrate the lovely ladies Dallys, Brandi & Jackie that are always ready to lend a helping hand, keep the lodge décor looking amazing with every season, make sure we have good food on our plates and keep us entertained, making this a great place to live and work.

- **Sewing Club** – June 21st in the Community Center

Bring your latest projects or just come to chat and see what others are working on!

- **Resident Council Meeting** – June 30th at 10:15 AM

Your feedback matters! Join us to share your ideas.

Hydration is Key! As the weather gets warmer, please remember to drink plenty of water and take breaks in the shade if you're outside.

Wishing you a joyful and sunny June!



A big thank you to FCSS and RhPAP for the Rural Health Care Worker Appreciation Luncheon. It was very delicious and much appreciated by all staff.



PVL STAFF



Congratulations to our May

Make Others Great Award Winner

Karine Dubé!





PVL ACTIVITIES



Dallys Crossland - Activities Coordinator

Mayerthorpe

Oh my goodness, we have had so much going on since the last newsletter with Mother's Day and Senior's Week, and what a wild Senior's Week it was this year! Very busy time but so much fun!

We would like to start out by thanking everyone who bought flower baskets in our annual spring fundraiser. This year we raised \$1,279.00! In addition to this we also raised \$478.83 in our semi-annual Mundare Sausage Fundraiser! This money is used towards the events here at PVL. Without your help we would not be able to do what we do. Thank you!

For Mother's Day this year we had our annual Mother's Day Tea but we also did a "Make Your Own Bouquet" event as well in which all the ladies got to come down and make their own flower bouquet. I really enjoyed this event, I had wanted to do it for years and finally got around to it. We also had a special Mother's Day Tim Horton's event which was donated by our dear resident, Ingrid's, family.

We welcomed a new band here at PVL, Gloria Keller, Norman, Irena and their friend Shirley came by on May 16th to play for us. It was a great time and we look forward to having them back in the future! Thank you so much to Marie Steel who not only suggested the entertainment but also donated the cost as well. Thank you Marie! We would also like to thank the Friendship Club Mayerthorpe for throwing an amazing steak BBQ again this year! This is a great annual event that we look forward to each year.

We welcomed back Joanne from Know It Sooner Computer Training for our series of Tech Training for Seniors. This is a hands on training for seniors of PVL as well as the community and it is FREE of charge.



PVL ACTIVITIES

We had our May Birthday Party with music by The Riehl Band on May 30th and it was a great time as usual! The Riehl's are always a hit with our residents. We would like to thank The Friends of the Lac Ste. Anne Foundation for donating the cost of this event.

Seniors Week this year was amazing. We started out with our own Senior's Week Opening Day Party here at PVL with Tim Hortons donated by The Friends of the Lac Ste Anne Foundation. On Tuesday we went to the Elementary School for their Senior's Week festivities which were great, every year they do such a great job. On Wednesday we had an Ice Cream Sundae Social Hour Party complete with all the toppings, this event was also donated by The Friends of the Lac Ste Anne Foundation.

We had entered into a Danny Hoopers Senior's Week Appreciation Tour contest and we were chosen as a stop on his tour, so on Thursday we welcomed Danny Hooper along with lots of visitors from our community for a special Danny Hooper show. It was lovely and we thank CFCW, Danny Hooper and our amazing staff and volunteers for making this happen. And finally, on Friday we welcomed for the first time here at PVL Norman Rice and his little cod fish, Shirley. They put on an absolutely amazing performance, we will be looking forward to having them back again in the future. This last event was donated by Lac Ste Anne County! We thank everyone for their generous donations.

Congratulations to Kristen Farrar who was the winner of our Mother's Day Raffle Basket!

We would like to wish a very Happy Birthday to Kathy, Sarah, Leo, Jody, Doris .J, Barb and Shirley who all celebrated Birthdays in May!

Dallys Crossland , Pleasant View Lodge, Activity Coordinator





PVL ACTIVITIES





PVL ACTIVITIES





PVL ACTIVITIES





PVL ACTIVITIES





PVL ACTIVITIES





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PVL ACTIVITIES





PVL ACTIVITIES



ADMINISTRATION

Sylvia Bonnett - Operations Manager

LSAF APPRECIATION DAY FOR LODGE SERVICE COORDINATORS & ACTIVITIES PERSONNEL JUNE 20, 2025

If you've ever attended a play, sporting event, or concert, chances are we pay our primary attention to the people on the stage or in the field, but not as much to all the people behind the scenes working to pull off what made the event so fantastic. This rings true for our lodge service coordinators, activity coordinators and their aides.

These ladies work behind the scenes as a contributing piece of the overall puzzle, ensuring our residents are well taken care of in all aspects of life. Every role & every person is valued and appreciated and are vital to the overall success of our Foundation.

We are very grateful to have such dedicated & caring employees - Happy Appreciation Day Ladies!



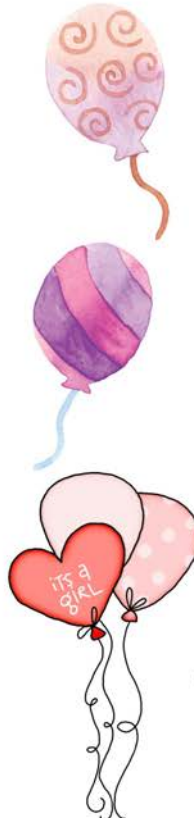
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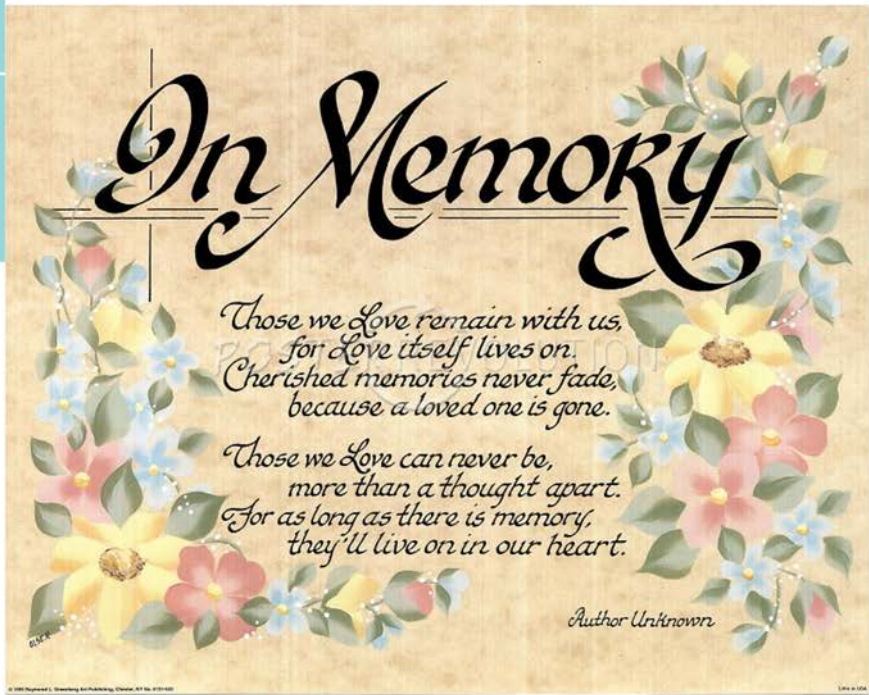
Such ^{a big}
Miracle
in such a little girl



Congratulations Mary Jane (CLSA)
on the birth of your daughter
Melody
June 9, 2025



Congratulations Morgan (CLSA)
on the birth of your daughter
Sterling
May 10, 2025



Julie Evans



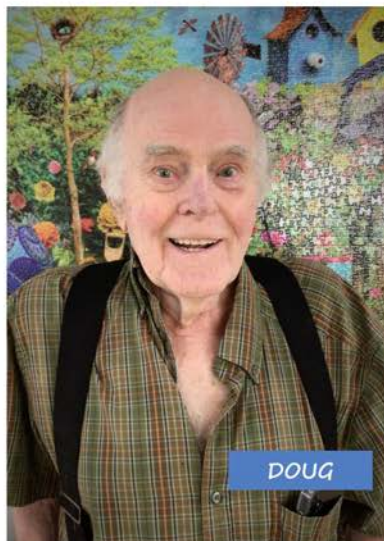
Mary Dzugola



Jody Jansen



Dorothy Heisler



Doug Truman



Angie Procyk



Carrie Anderson