



LAC STE. ANNE FOUNDATION

July 2025 Newsletter

PLEASANT VIEW LODGE

Pamela Lacaille – Site Manager

Mayerthorpe

Hello and Happy July!

Summer is in full swing now, and it's been great to see everyone enjoying the sunshine. Whether you've been out in the courtyard, going for walks with the walking club, or just soaking up the warmth from a sunny window, it's nice to see so many smiles around the lodge.

Canada Day – July 1st

We hope everyone had a chance to relax and enjoy the day.

Seniors Taxi

Call 780-284-8937 to schedule a time to use the senior taxi. See poster for details.

Warm Wishes to Sarah B.

We want to send our heartfelt best wishes to Sarah as she has moved out of our Lodge. Sarah has been such a special part of our community. We'll miss seeing her around every day, but we're grateful for the time we've shared and hope this next chapter brings her comfort and support.

Coming Up This Month:

Staff Meeting

July 15th at 1:30pm

PLEASANT VIEW LODGE

Know it Sooner – Free Smartphone & Tech Training Sessions for Seniors.

Everyone welcome to attend hands-on help with your devices, offered through the New Horizon Grant.

- **July 21 – 1:30 PM to 3:30 PM**
- **July 22 – 9:15 AM to 11:15 AM**

Resident Council Meeting – July 28th at 10:15 AM

Everyone is welcome at the council meeting.

Sewing Club – On hold during the summer months. To return in September.

A Few Summer Reminders:

Drink lots of water! It's easy to forget when you're busy, but it makes a big difference. If it's too hot, let staff know, come sit in the library, common sitting area or shaded areas they stay nice and cool. Leave windows closed during heat waves. Wishing you a relaxing, joyful, and sunny July! Stay cool and enjoy the sunshine!

Ingrid's family stopped in for a visit while her grandson in law Todd Kerns (guitarist and vocalist for the band Toque) was in the area for a concert in Edmonton.

One of the PVL staff, Lisa, attended his concert on Friday, July 11th and shared this photo.



PVL STAFF



Congratulations to our June
Make Others Great Award Winner
Christle Caringal!



PVL ACTIVITES

Dallys Crossland - Activities Coordinator

Mayerthorpe

The flowers are all blooming and the weather is beautiful.

We started up our walking club here at PVL, it's really nice to go for a morning walk on a lovely summer morning. We will be enjoying it as long as the weather allows ;)

Unfortunately, one of our lovely residents, Carrie has passed recently. Her family was so kind to come in and have a nice visit with us all. They brought lots of homemade treats and had a little mini memorial here, which was very nice for all of her friends.


For Father's Day we had a Father's Day Floats event on the Friday before, and then on Sunday we had ice cold beers on the patio. Its was a good day.

Tech training for seniors is back again and as always, it's a very informative program. Anyone who wishes to attend is welcome to do so. There is no cost to the program and everyone is welcome ;)

We had one last visit with the grade 5s before they went on summer break. They came on June 18th to play some games with us. We always really enjoy the kids' visits and we look forward to seeing them again in the fall.

We would like to thank Ashley Fast who is the relative of our beloved resident Marilyn for donating our Tim Horton's day in June.

We also went on a bus trip in June; we went to the Whitecourt lodge for bingo and a visit. This was the first of two bingo trips. Next, we'll go to Onoway lodge to play with them.



PVL ACTIVITES

This year we did our first BBQ fundraiser! We had been wanting to do this for some time and finally got around to making it happen. We set up at our local grocery store during their lunch rush and sold hot dogs, hamburgers, pop and popcorn. Co-op donated all of the burger patties and the popcorn, and we purchased all other items through them. In the 3 hours we were set up and selling we were able to raise \$1655.00! We would like to thank our Co-op, as well as the support of our community for making this possible. We're looking forward to doing it again next year.

For our June Birthday Party, we had Edward Pimm come and perform for us. It's always a pleasure when Edward stops by. We've all watched that young man grow up, and it's so nice to have him come and perform for us.

We tried out the Human Slot Machine game earlier this month and it was a really fun time. Definitely a different activity! Thank you to our sister lodges for lending us the items needed to play.

And finally, thank you to Monica Farrar for coming over for coffee and a visit with us. Some of the ladies had been asking me questions about Monica as they remembered her from back in the day. Since I didn't know a lot of the answers to the questions they were asking, I invited Monica in instead. It was a lovely time and a very good visit.

Congratulations to Sharon Peacock, who was the winner of our Father's Day Raffle Basket!

We would like to wish a very Happy Birthday to Jim S. and Irene who celebrated birthdays in June!

Dallys Crossland , Pleasant View Lodge, Activity Coordinator

PVL ACTIVITES



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PVL ACTIVITES



SUMMERTIME



PVL ACTIVITES



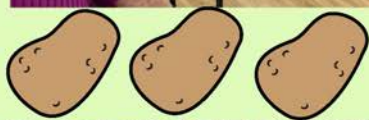
PVL ACTIVITES



PVL ACTIVITES



PVL ACTIVITES



CHATEAU LAC STE. ANNE

Tracy Nkonge - Site Manager

Onoway



Hello from Chateau Lac Ste. Anne Lodge,

July is here and we are having quite the weather already! Staff and residents at the Chateau have recently been educated in the Chateau's response plan to deal with severe weather, including tornados. Hopefully we will never need to use this education, but it feels good to have preparedness in our back pocket.

This month would like to say "goodbye" to Verna and Svea. May God bless you both in your future endeavours; you are already missed beyond words, and we wish you all the best.

The Chateau's activity department has planned a bus trip with the residents this month, and I am excited to be offered the chance to tag along with them. We will be doing a picnic lunch and heading off to the Alberta Beach Museum. I am looking forward to a day out, as I am sure the residents are as well.

We have also been fortunate enough to have donations to put towards a new kind of pet therapy; Donna and Oliver have donated the Chateau two more visits from Deb and her horse, Pal. Pal is a gorgeous horse, and our residents (and me) couldn't get enough of him.

Lots going on this month at the Chateau, including the annual National Hot Dog. We will be getting lots of use out of our new BBQ donated by the Onoway Legion!

Next Proposed Resident Meeting: August 6th, 2025.

Next Proposed Staff Meeting: August 27th, 2025.

CLSA STAFF



Tricia Potts,

Hello, my name is Tricia Potts. My father is from Gunn, Alberta and my mother is from Alexis Nakota Sioux Nation. I have been raised in the area and currently reside on Alexis Nakota Sioux Nation with my 10 yr old son. Previously, I have been working for Alberta Precision Labs for thirteen years in Edmonton. I enjoy sewing, travelling, shopping and going to Pow-wows. I also have a daughter who is married now and resides in Switzerland. I have just started working at the Chateau and I absolutely LOVE it!

Hi! I'm Mia Mendoza, a proud mom of three and a joyful soul at heart. My family and I have been part of the Onoway community for the past eight years, and it truly feels like home.

I'm a veggie-loving foodie with a deep passion for cooking—flavors and fresh ingredients make me come alive in the kitchen. When I'm not whisking up something delicious, you'll likely find me singing, dancing, or just soaking in the simple happiness of the moment. Though I've explored many career paths, my heart has always led me back to caregiving. Being in health care isn't just a job—it's my calling. Supporting others, helping them heal, and being there when it matters most gives me purpose like nothing else.

I also have a serious case of wanderlust. Traveling is my dream and my goal—I'm steadily saving up so I can explore the many beautiful places still waiting on my bucket list.



CLSA ACTIVITIES

Shauna Londeau - Activities Coordinator

Onoway

"It was June, and the world smelled of roses. The sunshine was like powdered gold over the grassy hillside." — Maud Hart Lovelace

On June 9th, we were delighted to welcome our local Member of the Legislative Assembly, Shane Getson, for a visit that brought great conversation. Mr. Getson graciously provided frozen treats that added a literal chill to a warm day. It was a refreshing reminder of the value of face-to-face engagement with those representing us, and a great chance to share ideas, ask questions, and simply enjoy a moment of camaraderie.

June 12th brought a truly special guest to our lodge—Goldie, a blind bottle-fed lamb that joined us for a pet therapy session that warmed hearts and sparked smiles. With her soft fleece and sweet nature, Goldie offered comfort and companionship in her own unique way. Her visit reminded us of the healing power of animals. We're so grateful to Goldie and her caregivers for sharing her with us—it was so nice to have fleece-filled hugs. She will be moving to a petting zoo in Red Deer with other special animals to enjoy her best life!

On June 13th, we turned up the festivities for our Father's Day Fiesta—a lively afternoon filled with snacks, laughs, and larger-than-life games! Our crowd-pleasing beer cheese dip paired perfectly with salty pretzels, giving everyone something tasty to dip into while the fun unfolded. With cheers and chuckles, participants took turns "spinning" for prizes on our enormous human slot machine, making this Father's Day one for the memory books. Happy Father's Day to the Dads who make our community so special.

June 19th, we tried the game Plinko for the first time and had a blast. It was so much fun to try to figure out prices from then and now! A huge SHOUT OUT to Roberta for the donation of this fun vintage game.



CLSA ACTIVITIES

June 20th, Linda and Jeanette led a joyful sing-along that filled the room with music and laughter. It is so angelic to hear all the residents come together and hear their voices so tenderly raised in song.

June 23rd, the lodge turned into a mini-boutique haven as we shopped to our hearts' content! Sharon's beautiful collection brought smiles, sparkle, and maybe a little bit of retail therapy.

June 24th, we gathered for our first-ever "Show and Share", and the experience was nothing short of inspiring. Residents brought cherished items—each holding a story, a memory, or a legacy that shaped who they are. From handmade quilts and family photos to trinkets from travels and tokens of love, the room was filled with emotion, reflection, and connection as each person shared the significance of their item.

We ended June on the highest of notes with our monthly birthday bash honoring Ed, Fred, John, Nora, Lynne, Irene, and June. The celebration was filled with sweet treats, warm wishes, and unforgettable melodies from our live performers, Sunset Country. Their music had us swaying, singing, and clapping along in pure delight! Whether it was your birthday or not, the joy was infectious and the spirit of togetherness undeniable.

As our Edmonton Oilers fought their way to the Stanley Cup Final, our residents cheered them on in style! Decked out in jerseys, and team colors, our special Oilers-themed photobooth captured the heart of our hockey spirit. Thank you to the students at Darwell School who so graciously created a photobooth backdrop. Though the Cup slipped away this time, these photos remind us that being a fan is about unity, joy, and backing your team no matter the score. Maybe next year we can bring the cup home!

A big round of applause to Bryan, the lucky winner of our Father's Day raffle basket! Thanks to everyone who participated, we raised an amazing \$326 that will go directly toward enriching the activities we host for our beloved residents.

CLSA ACTIVITIES

Congratulations to Floyd, our back-to-back champion of our progressive bingo!

We extend our sincere thanks to Sherrie Halder-Westerlund for her generous donation of lap blankets, slippers, and quilts. Some of these donated items will be included in raffle prizes and gift baskets, helping support the fundraising efforts that make our resident programming so meaningful.



CLSA ACTIVITIES



CLSA ACTIVITIES



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CLSA ACTIVITIES



CLSA ACTIVITIES



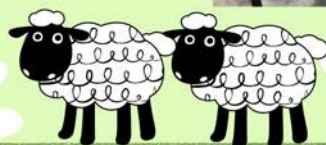
*Happy
Father's
Day*



CLSA ACTIVITIES



Baa!



CLSA ACTIVITIES



SPRUCE VIEW LODGE

Diane Robbins - Site Manager

Whitecourt



Happy Canada Day to you all; the Town of Whitecourt put on a fabulous firework show amidst the thunder and lightning. Either the fireworks lit up the sky or the lightning did; either way the show was very good.

Sadly, we had to say goodbye to Mr. Nice- Hank McArthur who has moved to another manor site. We will miss seeing him greet us all everyday while taking in the afternoon sun on the hallway couch.

This month at our Resident Council Meeting we had our guest speakers from Whitecourt Footcare and the Fire Department. The two volunteer fire fighters discussed the plans if Whitecourt had a fire evacuation, the plans they have with the fire wall, and safety in the lodge site: including our fire evacuation plans, and safety in the dining room.

Our parking lot and front driveway had some fresh lines recently painted, helping to clean up the exterior of the lodge.

Maintenance has begun to repair the floor seals at fire doors and removing the tape to give it a fresher look, as well as repair and paint the exterior front entrance posts.

MEETINGS:

Lodge Meeting- July 16th

Resident Meetings- July 9th



SVL ACTIVITIES

Clarissa Titong - Activities Coordinator

Whitecourt

June was a fun month with many exciting events and activities that made all residents and staff happy and entertained. Seniors Week in particular, was a standout celebration of fun activities and delicious food.

We started with our favorite bingo, a game that always bring smiles to everyone. Resident enjoyed a delicious lunch donated by Golden Delight, a gesture of kindness that was greatly appreciated by all, thanks to Chona's generosity.

The second day featured a summer fashion show showcasing Sharon's stylish Pieces clothing line. The refreshing Summer Fruit tea, donated by Tap Cha bubble tea, added a flavorful touch to the event, and we thank Mary for making it a memorable experience for everyone.

The third day we began with coffee and croffles, followed by a lively Mexican dance performance by Cristina and Tanja. Mountain Pizza was served for lunch, thanks to Seare from Eagle River Taxi, a sweet treat donated by Joanne from Mountain Pizza. The highly anticipated Human Slot machine was the afternoon's highlight, bringing residents and staff together for a thrilling experience, with thanks to KFC for providing coupons for the winners and Serena from "The Press" for featuring the event in the newspaper.

The fourth day was filled with memorable moments, beginning with Jenna Mae's piano lesson and ending with Sheila McNoughton's Petting Zoo farm animals. The fifth day we hosted kids' talent show and staff's dance performance, led by the talented Ingrid and special thanks to (Partyckles) for lending their beautiful flowers to decorate the dining room.

June 13th we celebrated Father's Day with hotdogs, beer, singing, and dancing. Short but sweet, and hip hip hooray to all the fathers out there!

SVL ACTIVITIES

On June 20th, we celebrated Lodge and Activity Coordinator Appreciation Day! Thank you to our Site Manager Diane and LPN Lead Val for decorating our courtyard with an English high tea theme; it was a lovely afternoon.

Joanne's smartphone photos and video from "Know it Sooner" provided informative training and discussions. Tiffany, branch manager at "Servus Credit Union", provided residents with valuable knowledge and insight on fraud and scams.

We also tried new games like Pokeno and Witt, which were led by Alberta, and they were both enjoyable and entertaining.

On June 27th, Leon Roy and friends provided entertainment for our monthly birthday party and Serena Lapointe, the Deputy Mayor, personally greeted the birthday celebrants; Mike, Louise, Allen, Lil, Heidi & Dee.

Congratulations to our Make Others Great Joyce for the month of June and to Marilyn for winning Door Bingo.

June at Spruce View Lodge was truly a time of togetherness, happiness and positive spirit! Thank you EVERYONE ;)



SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



SVL ACTIVITIES



delicious



SVL ACTIVITIES



SVL ACTIVITIES



Happy Fathers Day



SVL ACTIVITIES



SVL ACTIVITIES



On the Farm



ADMINISTRATION

Sylvia Bonnett - Operations Manager

CONGRATULATIONS TO THE GRADUATES OF 2025



CHILDREN OF LSAF EMPLOYEE'S

ZACHARY BILYEA – Jackie Bilyea PVL

JESSA BORLE – Steven Borle PVL

SAMANTHA LARUPAY – Mary Larupay SVL

JOLIE BEAUCHAMP – Lara Beauchamp CLSA

JORDYN LONDEAU, now Registered Nurse – Shauna Londeau CLSA